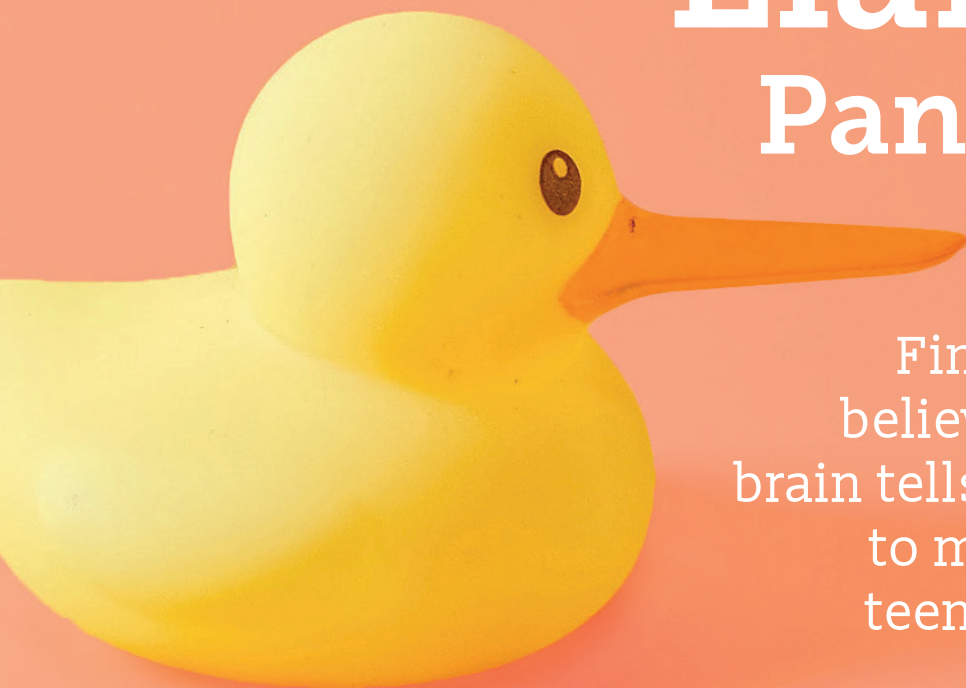


Liar. Liar. Pants on fire!



Find out why you can't believe a lot of what your brain tells you in a new guide to managing anxiety for teens and young adults.

ALSO IN THIS ISSUE

GUIDING LIGHTS: An incredible journey through time to meet the women who braved isolation and the fury of the sea to keep lighthouses burning. Now in paperback.

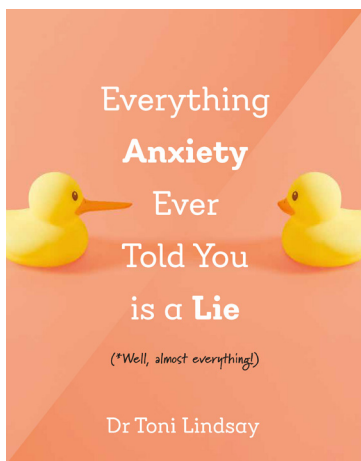
THE DOLL BOX: open the lid to a story about the power of family history, when a young girl learns the stories of her female ancestors through a blue box and the dolls it contains.

NOBODY LIKES MONDAY: a vibrant picture book about self-acceptance and embracing your own uniqueness.

SUPERHEROES FOR A DAY: a middle grade adventure where the fate of a school rests in the hands of three autistic friends. Can their differences (AKA superpowers) save the day?

Plus, more Australian picture books, junior fiction and YA from Wombat Books and Rhiza Edge.





Everything Anxiety Ever Told You Is a Lie

** Well, almost everything!*

Dr Toni Lindsay



Everything Anxiety Ever Told You Is a Lie is aimed at young people who are experiencing anxiety in their everyday lives, across the breadth of the anxiety spectrum. It emphasises that anxiety is completely normal, and something that can be managed by taking the steps that are right for you. The book contains practical, effective activities and exercises that each reader can apply to their own set of circumstances. Experiencing anxiety can be overwhelming, especially at such a turbulent stage in life. *Everything Anxiety Ever Told You Is a Lie* is specifically tailored for the stresses faced by the 14-25 age group, with concise, impactful chapters and strategies that can be realistically applied even in a busy and changeable time of life. Themes include management of uncertainty, values-based living, and identifying meaning and purpose.

Anxiety affects a huge number of people, and it is not something that you have to ignore or push down. This guide is full of expert advice on not just coping with anxiety, but truly managing it, to minimise its symptoms and its effect on your everyday life.

AU \$37.99 | NZ \$37.99 | Jul 24 | 9781922539991 | 234 x 184 mm | Hardcover | 176 pp

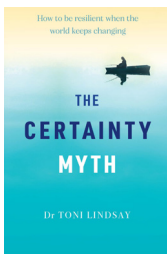
A practical and therapeutic guide to managing anxiety, written specifically for those aged 14–25 by a psychologist with over 15 years of experience working with adolescents and young adults.

ABOUT THE AUTHOR

Dr Toni Lindsay is a clinical and health psychologist who has been working with both adults and adolescents for over fifteen years. She works at Chris O'Brien Lifehouse, a cancer treatment centre in Australia, and has a special interest in the care of adolescents and young adults with cancer. She teaches at the University of Melbourne (Adolescent Medicine) and the University of Sydney Nursing School.



ALSO BY THIS AUTHOR



The Certainty Myth

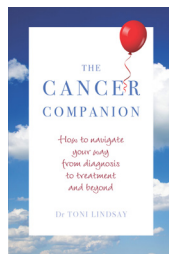
How to be Resilient When the World Keeps Changing

“Why uncertainty freaks us out and how to make peace with it.” - ABC Radio National, All in The Mind

“Practical tools to help manage the anxiety that can come about when our lives feel chaotic and uncertain.” - RNZ Nine To Noon



AU \$32.99 | NZ \$32.99 | 9781922539328 | 229 x 152 mm | Paperback | 224 pp



The Cancer Companion

How to Navigate Your Way from Diagnosis to Treatment and Beyond

“An important resource not only for those navigating the cancer journey themselves, but also for friends and family who want to offer support.”

- The Senior



AU \$32.99 | NZ \$32.99 | 9781925820805 | 229 x 152 mm | Paperback | 224 pp

Guiding Lights

The Extraordinary Lives of Lighthouse Women

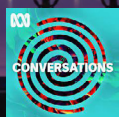
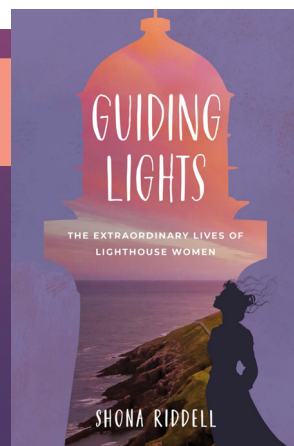
Shona Riddell

AU \$39.99 | NZ \$39.99 | Aug 24 | 9781923011045 | 229 x 152 mm | Paperback | 256 pp | Colour

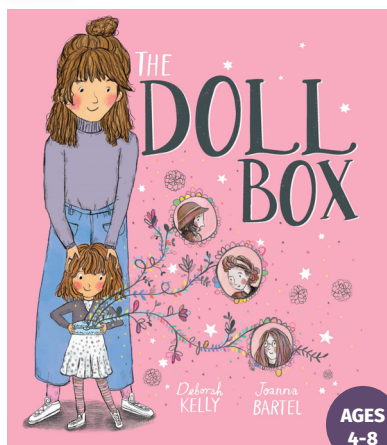
AU \$44.99 | NZ \$44.99 | 9781925820621 | 229 x 152 mm | Hardcover | 256 pp | Colour

Women have a long history of keeping the lights burning, from tending ancient altar flames or bonfires to modern-day lighthouse keeping. Yet most of their stories are little known. *Guiding Lights* includes stories from around the world spanning two millennia, as we discover the physical and mental risks of isolation, the heroism of the female keepers, how they came to be hired (especially in the 19th century), and the mysteries and legends that are inextricably part of lighthouse history.

Available for the first time in paperback.



AS FEATURED ON ABC CONVERSATIONS



The Doll Box
Deborah Kelly & Joanna Bartel

AU \$24.99 | NZ \$29.99 | Jul 24 | 9781922539700 | 280 x 245 mm | Hardcover | 32 pp | Colour

THEMES: FAMILY HISTORY, FEMALE EMPOWERMENT

Whenever Isla's mother brings out her small blue doll box, Isla knows she will hear the stories of the women in her family's past. Their incredible tales of immigration, war, and fighting for their rights show Isla the strength she has in herself and lead her on a journey of self-discovery. Inspired by the author's own family, *The Doll Box* is a testament to the power of our personal histories, and the spirit of the many women who had to overcome incredible odds to achieve their dreams.

ABOUT THE CREATORS

Deborah Kelly grew up in rural New Zealand, has lived and travelled in the UK and Japan, and now lives in Australia. While being the primary carer for her children, Deborah has written picture books, junior fiction and middle grade fiction. Deborah is currently studying for a Bachelor of Speech Pathology with a special interest in literacy.

Joanna Bartel is a designer and illustrator. Previously, she has been a graphic designer for a boutique fashion label, a senior art and design teacher and an English teacher. Joanna particularly loves character design and creating imaginative and playful images to engage children and enhance imaginative learning.



A poignant story about a child finding her own inner strength, courage and resilience by drawing inspiration from the generations of women that came before her.

ALSO FROM THIS ILLUSTRATOR



Nobody Likes Monday
Kelly Lee & Amy Calautti

AU \$24.99 | NZ \$29.99 | Aug 24 | 9781922539847 | 245 x 255 mm | Hardcover | 32 pp | Colour

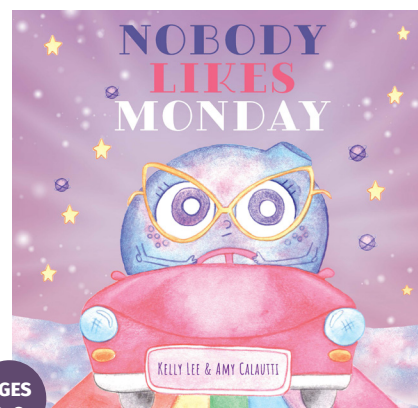
THEMES: SELF-ESTEEM

It's pretty tough being Monday – you're not named after a god like Thursday, and you're certainly not a two-day party like Saturday and Sunday. Nobody likes Monday – and she has the letters of complaint to prove it. But wait, what's in that colourful envelope? *Nobody Likes Monday* uses humour and vibrant illustrations to tell a story that encourages self-acceptance and embracing our differences. It aims to show that we all have value, despite how we may see ourselves. Everybody has negatives in their lives, but when we take a moment to consider our own gifts and talents, it becomes clear that we all have positives too.

ABOUT THE CREATORS

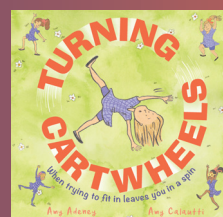
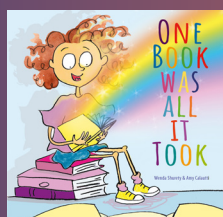
Kelly Lee is a teacher, educational curriculum designer and mum who loves nothing more than to read stories with her children and students. She lives with four children – well, one is actually just her husband who is a big kid at heart – and a big fluffball named Kovu.

Amy Calautti loved to draw from a young age and often made up games based around drawing to entertain her younger brother and cousins. She now lives with her small tribe of humans who inspire her every day.



In a world where the days of the week come to life, Monday learns to let go of negativity and accept herself for who she is.

ALSO FROM THIS ILLUSTRATOR





Superheroes for a Day
 Craig Cormick with illustrations by Lauren Mullinder



AU \$16.99 | NZ \$18.99 | Jul 24 | 9781922539977 | 210 x 135 mm | Paperback | 112 pp

THEMES: AUTISM, NEURODIVERSITY, SCHOOL, SOCIAL ACCEPTANCE, EMPATHY

Superheroes for a Day tells the engaging story of Max, Daniel, and Natalie's mission to save their school from endless maths lessons. Using their unique abilities, like heightened memory and attention to detail, they turn their differences into superpowers. While handling their individual traits, they find the courage to become heroes, at least for a day, in the eyes of their schoolmates.

The book seeks to normalize the experiences of neurodivergent kids who are often seen as uncool because of their quirks. By making them the heroes, the story offers insight into their personal experiences and perspectives in a fun and engaging manner, resonating with readers in mainstream classrooms.

Filled with delightful illustrations, *Superheroes for a Day* is an empowering tale of friendship, bravery, and the remarkable abilities that often go unnoticed in those who are different.

Can three autistic friends turn their differences into superpowers and save the school from endless maths?

ABOUT THE CREATORS

Dr Craig Cormick OAM is the author of over 30 books for adults and children, with several of them winning awards. He is a member of the Children's Book Council of Australia. Dr Cormick has a son on the autism spectrum.

Lauren Mullinder is an Adelaide-based illustrator and teacher with a degree in Visual Communication. She is the illustrator of *Birdie Lights Up The World* (EK Books).



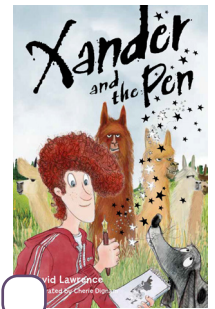
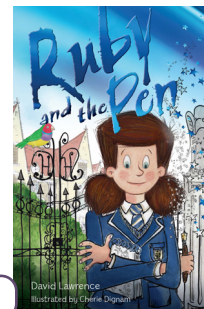
MORE BOOKS FOR MIDDLE GRADERS

WHAT WOULD YOU DO IF ALL YOUR PROBLEMS COULD BE SOLVED WITH THE STROKE OF A PEN?

That's the question posed in *The Pen* series, a collection of middle-grade fiction that follows the various owners of a magical pen that makes whatever they draw, happen!

“ A boy discovers that a magic wish-granting pen is more curse than blessing. ... A light tone, deep issues, and good and bad choices to ponder... - Kirkus ”

“ A great transition book for emerging readers moving off junior fiction books... - Reading Time ”

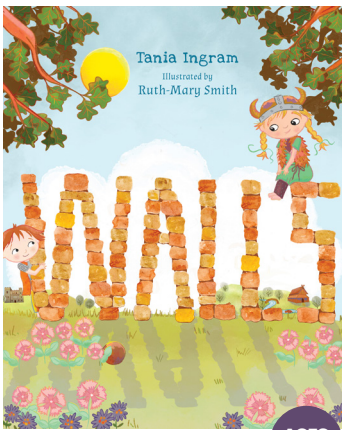


GAME ON!

THE POPULAR SERIES FOR KIDS WHO WOULD RATHER BE GAMING THAN READING!



Featuring gaming inspired mayhem that kids will love, *Game On!* by Emily Snape, is an exciting new series perfect for reluctant readers aged 8-12 years.



Walls

Tania Ingram & Ruth-Mary Smith

AU \$26.99 | NZ \$29.99 | Jul 24 | 9781761111518 | 260 x 210 mm | Hardcover | 32 pp | Colour

THEMES: FEAR, CONFLICT, DIFFERENCES, PREJUDICE, COOPERATION

A Viking and a Knight are both convinced that they live on the best side of the book. When an argument ensues and each becomes suspicious of their neighbour, their solution is to build walls to keep them safe from the other side. But in their quest to build the better wall, will they fail to see the environmental dangers that threatens both sides of the book?

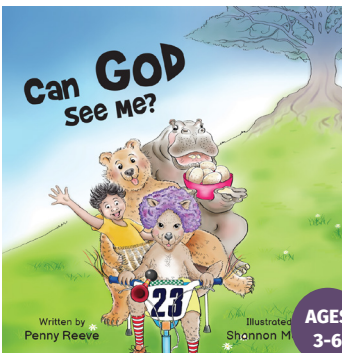
A story about differences, choices and seeing the bigger picture.

AGES 4-8



WE live on THIS side of the book.

OUR side is ACTUALLY better.



Can God See Me?

Penny Reeve & Shannon Melville

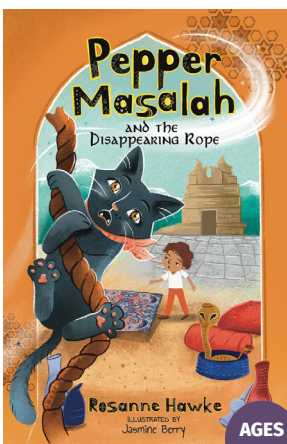
AU \$12.99 | NZ \$14.99 | Jul 24 | 9781761111587 | 235 x 240 mm | Paperback | 32 pp | Colour

THEMES: CHRISTIAN VALUES

Answers a common religious question with fun and humour.

I read in the Bible, so it must be true, God can see everything that I do. But what might this look like? And how far does God's care reach? Join the wild, hilarious and certainly crazy ride of a young boy who dares to imagine the incredible scope of God's love and care.

AGES 3-6



Pepper Masalah and the Disappearing Rope

Rosanne Hawke with illustrations by Jasmine Berry

Pepper Masalah Series: BOOK 4

AU \$11.99 | NZ \$12.99 | Jul 24 | 9781761111624 | 198 x 129 mm | Paperback | 70 pp

THEMES: MULTICULTURAL, MAGICAL REALISM

The latest fantastical adventure that readers of the Tashi series will love.

The carpet flies Pepper Masalah and Zamir back in time to find its original owner in Moghul India, who is none other than the ailing Emperor Shah Jahan. They land in Lahore and find a magician is doing a disappearing rope trick. Pepper climbs the rope to escape a bazaar dog and their problems start in earnest. They arrive in Hindustan and Zamir is accused of stealing the carpet and is put in the dungeon. How will Pepper and her new friends rescue him? How can they return home without the carpet?

AGES 6-10

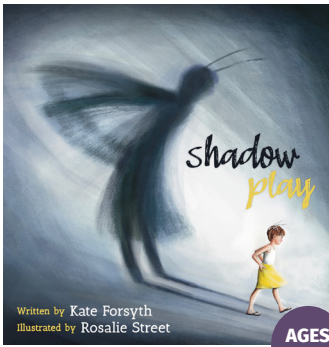


“Will add more diversity to the collection and because it is fairly easy to read, many children will gain confidence from completing it. - Reading Time”



ALSO IN THIS SERIES





AGES 4-8

Shadow Play

Kate Forsyth & Rosalie Street

AU \$26.99 | NZ \$29.99 | Aug 24 | 9781925563740 | 260 x 250 mm | Hardcover | 32 pp | Colour

THEMES: WORRIES, FEELINGS, IMAGINATION AND PLAY

Encourages self-acceptance and emotional awareness in children.

Minnie May is afraid of her own Shadow, but Ziggy will help her through. Even though Minnie May has tried everything to escape her Shadow, she can't. All she wants is to hide from it until it goes away. But Ziggy shows Minnie May all the wonderful things that you can do with your Shadow. With a change in perspective, Minnie May doesn't want to hide from it anymore.



AGES 18+

The Captive's Song

Amanda Deed

AU \$22.99 | NZ \$24.99 | Jul 24 | 9781761111464 | 203 x 133 mm | Paperback | 300 pp

THEMES: HISTORICAL CHRISTIAN ROMANCE

A fractured fairytale retelling of Rapunzel, set in convict times in Australia, complete with a tower, a braid and a beautiful song.

Freedom is a pipe dream. At least, that's what Olivia Cruikshank believes. Six years as a convict transported to Van Diemen's Land has taught her none can be trusted. Until Michael Reeve shows up—a prison guard unlike any other. He acts like Olivia matters. Like her future matters. Can Olivia learn to trust before it's too late? Will Mick's kindness lead to love, or will it be his undoing?



The Tempus Imperium

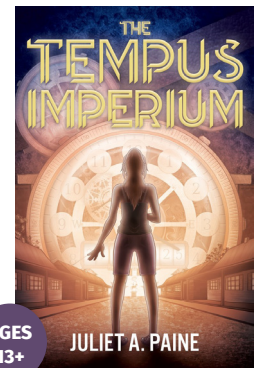
Juliet A. Paine

AU \$22.99 | NZ \$26.99 | Aug 24 | 9781761111648 | 203 x 133 mm | Paperback | 312 pp

THEMES: HISTORICAL FANTASY, POLITICAL THEMES

A global time travel adventure.

When Charlie's grandmother is murdered, she is plunged into the world of the Temporal Sinistram, an organisation of time travellers tasked with maintaining the historical timeline. Her grandmother used to be a star agent, and Charlie must solve the mystery in an adventure that takes her from 1966 Australia to a post-apocalyptic Los Angeles.



AGES 13+

JULIET A. PAINE



Independent Publisher
Chief Executive
Gareth St John Thomas
gareth@exislepublishing.com

Orders and Invoicing
c/o Harper Entertainment
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orders@harpercollins.com.au
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