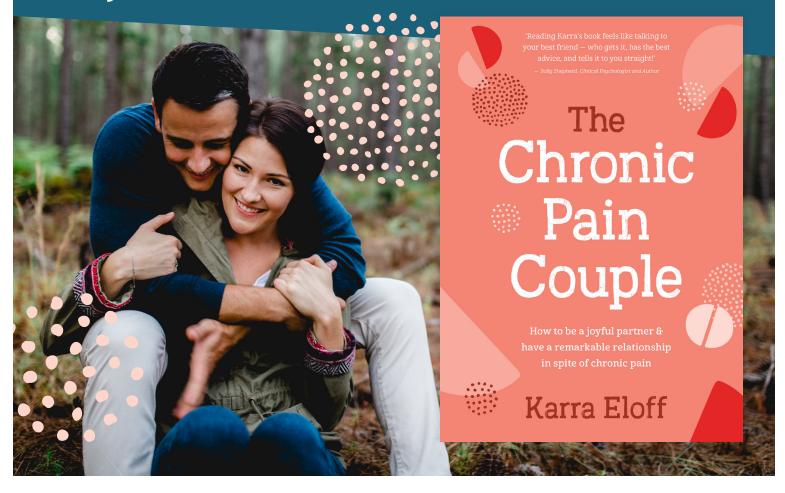
Karra Eloff is one of millions living with chronic pain, but you would never know it. Discover her secret in



The struggle to maintain joy & a fulfilling relationship while coping with chronic illness and pain is a serious problem for millions of people today. Australian entrepreneur and health professional Karra Eloff draws on academic research and her own pursuit of joy in spite of suffering to bring this trailblazing, compassionate, low-energy and practical path to a remarkable new normal, for you and your chosen human/partner.

On average, one in five adults suffer from chronic pain. In older people, the number rises to three in five. Most of these people don't realise they don't have to settle for a survival-based coexistence with their partner or bury their hopes for success and joy under a mountain of heat packs or duvets. Chronic illness or pain, according to Karra, need not hold you back from experiencing personal joy and success. It is possible to forge a path to remarkable—to move the dial of a relationship challenged with chronic pain from embattled and exhausted to joyful and passion-filled.

as seen Be That

Karra Eloff is an Australian health professional, speaker & entrepreneur dedicated to helping suffering people find joy. She is the managing director of two private psychology clinics on the East Coast of Australia. She is also the founder of The Chronic Pain Couple, an organisation that delivers practical support to people with chronic pain and their loved one. Karra is a wife, mother, and former speech pathologist who featured as a regular guest panellist on the TV talk show *Be That*.



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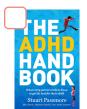
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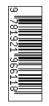


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