

NEW RELEASES

JULY/AUGUST 2022

EXISLE
PUBLISHING

KARRA ELOFF IS ONE OF MILLIONS LIVING WITH CHRONIC PAIN, BUT YOU WOULD NEVER KNOW IT. DISCOVER HER SECRET IN

The Chronic Pain Couple

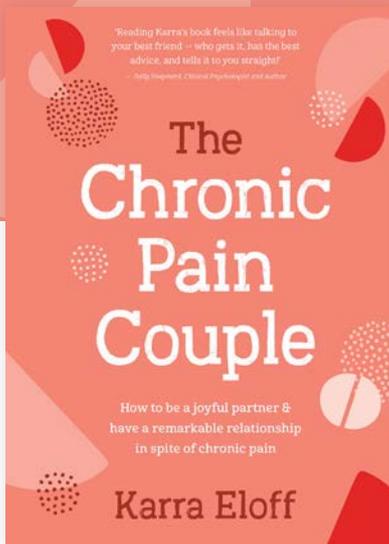


ALSO IN THIS ISSUE

- THE LATEST RELEASE IN THE POPULAR ANIMAL HAPPINESS SERIES, *BLEAT*
- *GRUB* – NEW FROM SANDRA SEVERGNINI, THE ILLUSTRATOR BEHIND THE AWARD-WINNING *TREE BEINGS*
- *ONE BOOK WAS ALL IT TOOK!* A PICTURE BOOK ABOUT THE POWER OF ONE: ONE IDEA, ONE CHILD AND ONE BOOK.



Books with Heart on Issues that Matter



The Chronic Pain Couple

How to Be a Joyful Partner & Have a Remarkable Relationship in Spite of Chronic Pain

Karra Eloff



AU \$39.99 | NZ \$39.99 | July 2022 | 9781922539212 |
229 x 152 mm | Hardcover | 272 pages



The struggle to maintain joy & a fulfilling relationship while coping with chronic illness and pain is a serious problem for millions of people today. Australian entrepreneur and health professional Karra Eloff draws on academic research and her own pursuit of joy in spite of suffering to bring this trailblazing, compassionate, low-energy and practical path to a remarkable new normal, for you and your chosen human/partner.

On average, one in five adults suffer from chronic pain. In older people, the number rises to three in five. Most of these people don't realise they don't have to settle for a survival-based coexistence with their partner or bury their hopes for success and joy under a mountain of heat packs or duvets.

Chronic illness or pain, according to Karra, need not hold you back from experiencing personal joy and success. It is possible to forge a path to remarkable—to move the dial of a relationship challenged with chronic pain from embattled and exhausted to joyful and passion-filled.

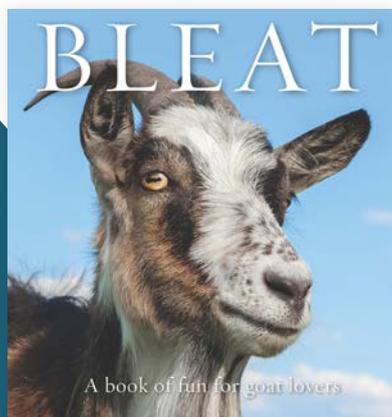
ABOUT THE AUTHOR

Karra Eloff is an Australian health professional, speaker & entrepreneur dedicated to helping suffering people find joy. She is the managing director of two private psychology clinics on the East Coast of Australia. She is also the founder of The Chronic Pain Couple, an organisation that delivers practical support to people with chronic pain and their loved one. Karra is a wife, mother, and former speech pathologist who featured as a regular guest panellist on the TV talk show *Be That*.

"THIS IS NOT A 'SURVIVAL BOOK' – I DON'T BELIEVE ANY COUPLE WANTS TO JUST 'SURVIVE' – THIS IS ABOUT HOW TO HAVE A REMARKABLE RELATIONSHIP."



Karra Eloff
- author, health professional and *Be That* panelist
SCAN HERE TO HEAR FROM THE AUTHOR



Bleat

A Book of Fun for Goat Lovers
Bronwyn Eley



AU \$29.99 | NZ \$29.99 | Aug 2022 |
9781922539298 | 225 x 203 mm |
Hardcover | 160 pages | Colour



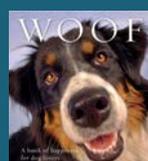
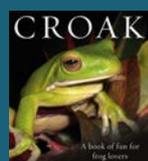
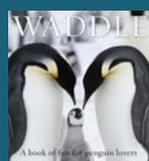
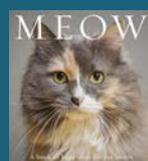
With gorgeous photography coupled with celebrity quotes, *Bleat* is for goat lovers who are not "kidding" around! Enjoy a celebration of our love of the charismatic goat. With quotes from Sandra Bullock, Aristotle, Cicero, and Jason Momoa, *Bleat* is designed to remind people why we can't seem to get enough of those cute little faces. Goat lovers everywhere, give yourself the gift of *Bleat*. Just be sure not to leave it anywhere near your goat unattended ... or they might eat it!

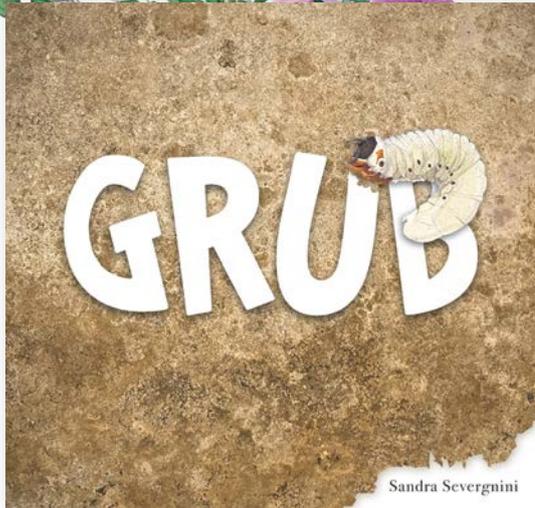
ABOUT THE AUTHOR

Bronwyn Eley is an experienced publishing professional who spent several years as a sales leader in Australia before relocating to Edinburgh, where she is currently based. Her YA series, *The Relic Trilogy* was published in 2019 by Talem Press.



**ALSO
IN THIS
SERIES**





Grub
Sandra Severgnini



AGES 4-8 QTY

AU \$24.99 | NZ \$24.99 | Aug 2022 | 9781922539267 | 245 x 255 mm | Hardcover | 32 pages | Colour

THEMES: NATURE, INSECTS, METAMORPHOSIS.

Bringing the mystery of metamorphosis to life, *Grub* is sure to delight insect-loving young readers with its realistic illustrations and gentle humour. Deep in the rainforest, a little grub senses that his body is changing and wonders what he will turn into. He begins a journey of discovery, enlisting the help of his insect friends to answer the question, 'What will I become?' At last, the grub's question is answered – and his transformation is spectacular!

SCAN HERE FOR GRUB TEACHERS' NOTES



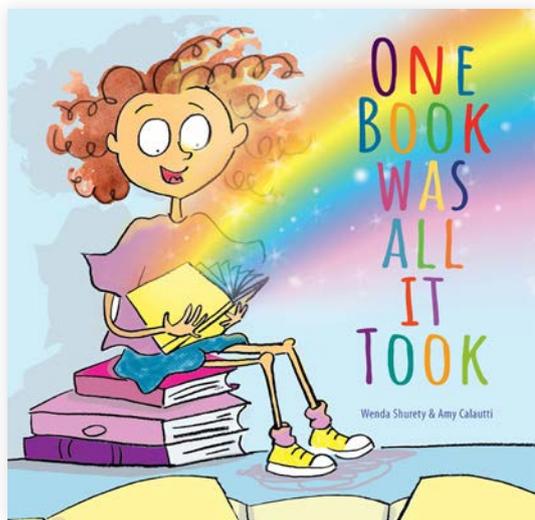
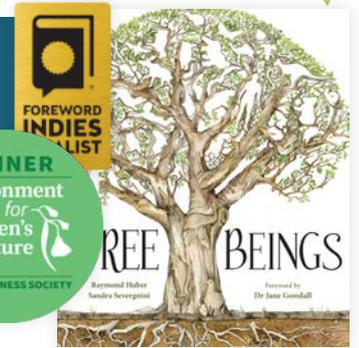
TEACHES CHILDREN ABOUT THE PROCESS OF COMPLETE METAMORPHOSIS, AND TO IDENTIFY WITH THE BIG QUESTION, 'WHAT WILL I BECOME?'

ABOUT THE CREATORS

Sandra Severgnini owned an art gallery and retail store before finally deciding it was well and truly time to nurture her lifetime passion and focus on children's picture books. Her fascination with the magical natural world around her inspires her words and brings sensitivity and humor to her illustrations.

ALSO BY THIS CREATOR

Tree Beings – winner of the 2021 Environment Award for Children's Literature.



One Book Was All It Took
Wenda Shurety & Amy Calautti

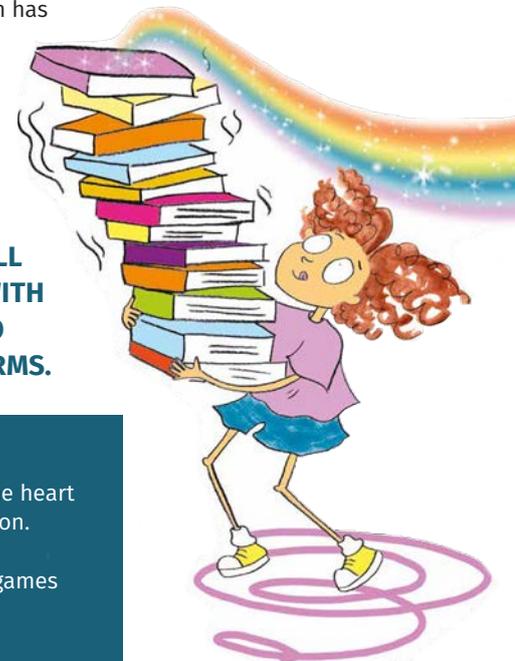


AU \$24.99 | NZ \$24.99 | July 2022 | 9781922539137 | 245 x 255 mm | Hardcover | 32 pages | Colour

AGES 4-8 QTY

THEMES: BOOKS, READING, AND LIBRARIES

Violet longs for a library full of exciting books she's never read before, but on this particular rainy day, the only unfamiliar book she can find is the one propping up the kitchen table. With a CLATTER and a CRASH, Violet's actions set in motion an unstoppable chain of events that soon has the whole town in chaos! Young readers will delight at the playful, colourful illustrations, while learning an important lesson about how actions lead to consequences, and just how valuable libraries are.



LIBRARY THEMED, THIS BOOK WILL APPEAL STRONGLY TO ANYONE WITH A LOVE OF READING. IT'S A JOY TO SHARE WITH BUDDING BOOKWORMS.

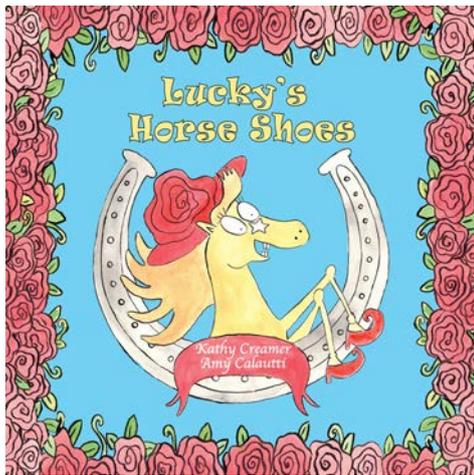


ABOUT THE CREATORS

Wenda Shurety is a children's author who loves to write stories from the heart about nature, diversity and the magical world of the imagination.

Amy Calautti loved to draw from a young age and made up games based around drawing to entertain her younger relatives.





Lucky's Horse Shoes Kathy Creamer & Amy Calautti



AGES
4-8



AU \$24.99 | NZ \$24.99 | Aug 2022 |
9780648964186 | 245 x 245 mm | Hardcover |
32 pages | Colour

THEMES: HORSES AND HUMOUR

Captivated by the glamour of elegant hats and high-heeled shoes, a spirited racehorse named Lucky, who is the fastest horse in the stable, becomes determined to emulate race-day fashion in the quest to win the cup, only to discover that the best shoes to wear in order to win the race are her own lucky horse shoes—an amusing and light-hearted story of the pros and cons of impractical footwear.

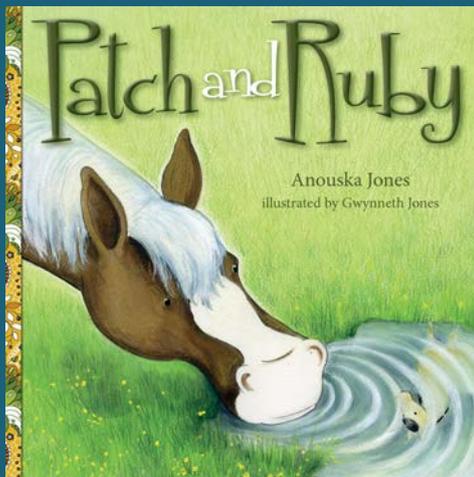


ABOUT THE CREATORS

Kathy Creamer is an award-winning writer and illustrator. She has a BA Honors Degree in Creative Writing and Children's Literature and an MA in Children's Book Illustration.

Amy Calautti is an in-demand illustrator, having completed 12 picture books since receiving her first contract in 2019. Her previous work includes *Hector and his highland dancers* (Little Pink Dog Books) which was shortlisted for the Speech Pathology Australia award in 2021 and *Turning Cartwheels* (EK Books 2021).

ANOTHER PONY STORY KIDS WILL LOVE



Patch and Ruby Anouska Jones & Gwynneth Jones



AU \$19.99 | NZ \$19.99 |
9781925335224 | 245 x 255 mm |
Hardcover | 32 pages | Colour

AGES
4-8



THEMES: HORSES AND FRIENDSHIP

Patch the pony is lonely. His owner, Sam, is lovely and the other farm animals are friendly, but sometimes it feels as if he still doesn't quite fit in. Then one day Sam has an idea. She does something that changes Patch's life forever. *Patch and Ruby* is a wonderfully colourful and humorous tale about friendship and finding out where you belong.



Independent Publisher
Chief Executive
Gareth St John Thomas
gareth@exislepublishing.com

Orders and Invoicing
c/o Harper Entertainment
Distribution Services
orders@harpercollins.com.au
or Fax AU: 1800645547
Fax NZ: 0800452633

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Sales enquiries Australia

Phone +61 2 4998 3327 | sales@exislepublishing.com

Sales enquiries New Zealand

Phone +64 3 477 1615 | sales@exislepublishing.com

Your Australian local Exisle sales representative

NSW, ACT & TASMANIA Megan Stein - 0439 495 337 | megan@exislepublishing.com

QUEENSLAND Keith Smyth - 0432 482 005 | keithmsmyth@hotmail.com

WEST AUSTRALIA Christine Jackson - 08 9295 5552 | 0409 912 677 | christine@exislepublishing.com

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