

Introducing **Emotional Inheritance**

Capturing the wisdom of the past to enhance our future



A new imprint from Exisle Publishing

From the Exisle team...

The biggest change the book market faces today is our rapidly ageing population. Baby boomers, many of whom are committed book buyers, are getting old.

Nearly 20% of the Australian population is aged 65 or over.

In New Zealand there are already 750,000 people aged 65 and over.

For the first time in history, we have a reliable expectation of living to a very old age. Now the challenge is to break historic perceptions of ageing and encourage people to live their functional age. This need, together with an increased interest in preserving the stories and wisdom of our older generations, is the reason we at Exisle have established our new imprint:

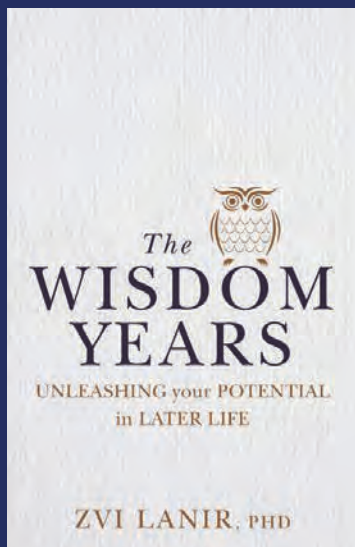


Emotional Inheritance

The imprint was Inspired by the work we do offering a bespoke service to families, which allows them to capture their own unique family story in a professional way. The titles in the Emotional Inheritance imprint celebrate the wisdom that comes from a life well lived. They ask us to re-frame the way we think about the wisdom years and give people the tools they need to distil their family stories for future generations.

Best Wishes,

Siobhan Dillon
Sales



The Wisdom Years

Unleashing Your Potential in Later Life

Zvi Lanir, PhD

AU \$29.99 | NZ \$29.99 | 9781925820232 | 210 x 135 mm
| Paperback | 240 pages | Nov 2019



We are now experiencing one of the most significant — but not yet fully understood — revolutions in human life: the dramatic rise in life expectancy. This revolution does not imply, as most people usually think, that we've simply got more years of old age. Rather, it implies the formation of a new period in human life: the Age of Wisdom. This age is qualitatively different from the adulthood that precedes it and the old age that follows. People who are able to prepare themselves for this new age will be able to

enjoy an active, wise and satisfying stage of life, which will enable them to delay their 'old age' to the very end of their life. *The Wisdom Years* provides a practical, thought-provoking and life-changing read for both people embarking on retirement as well as younger people who would like to mindfully prepare themselves in advance. Derived from Dr Lanir's lifetime of work experience in identifying mindsets that are no longer helpful or relevant to current reality, it reveals how we can reframe our thought processes and mindset so that we can live life based on our 'functional age' rather than our 'chronological age'. The result is a book that carries a unique and inspiring message: life after retirement is to be enjoyed as a new, exciting and uplifting journey of personal evolution.

**We live longer than ever before.
This life-changing book shows you how to
make the most of your 'wisdom years'.**

ABOUT THE AUTHOR

Zvi Lanir, PhD is the founding president of the Praxis Institute, which specialises in how to cope with disruptive change. During the past 15 years, Dr Lanir's research has revealed the gaps between the common knowledge on ageing and new opportunities for living our advanced years differently.



TIMELESS WISDOM



Fear & Courage Renée Hollis (ed.)

AU \$29.99 | NZ \$29.99 | 9781925820065 |
227 x 170 mm | Hardcover | 232 pages | Oct 2019



Collected from around the world, the twenty-five true stories showcased here capture the full range of the fear and courage experience. From the 65-year-old woman stepping outside her comfort zone to visit Antarctica, to the young social worker confronting an abusive father and husband; from a gay woman's experience of coming out, to a man confronting his claustrophobia to have an MRI — these are stories of fear and courage in all their guises. At

times humorous, often poignant, they will linger in your memory, shining a light on just what it means to be human. Interspersed between the stories are quotes about fear and courage by people as diverse as Eleanor Roosevelt, Paulo Coelho, Marcus Aurelius and Taylor Swift. The result is a book to be savoured and returned to again and again.

ALSO FROM EMOTIONAL INHERITANCE



Finding True Connections

How to Learn and Write About a Family Member's History
Gareth St John Thomas

A simple and effective method to help you capture the life story of elderly relatives as a legacy for their family.

AU \$39.99 | NZ \$39.99 | 9781925820157 |
235 x 191 mm | Hardcover | 232 pages | Colour



True Stories that Reveal the Depths of the Human Experience



Human Kindness

Renée Hollis (ed.)

AU \$29.99 | NZ \$29.99 | 9781925820058 |
227 x 170 mm | Hardcover | 240 pages | Oct 2019



Sourced from around the world, these are stories of the everyday and the extraordinary. From the woman who stopped a suicidal man from jumping just by taking the time to listen to him, to the couple who fostered a baby they found abandoned in a rubbish bin when no one else could help; from the students who came to the rescue of an elderly man fallen on black ice, to the response of a terrorist leader when confronted by a young child's cries for her

favourite doll — these are stories of unexpected kindness that had a lasting impact on the recipient. Interspersed between the stories are quotes about kindness by people as diverse as Audrey Hepburn, Lao Tzu, Ellen DeGeneres and Ralph Waldo Emerson. The result is a book that explores all that is best about human nature.



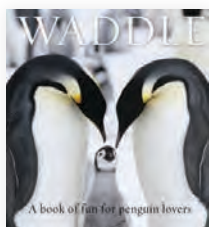
Key Questions in Personal History

Boxed Card Set

100 cards with prompt questions to help you capture the life story of elderly relatives.

AU \$24.99 | NZ \$24.99 | 9781925820140 |
95 x 95 mm | Clamshell Boxed Set | 100 Cards





Waddle

A Book of Fun for Penguin Lovers
Lloyd Spencer Davis (ed.)



AU \$29.99 | NZ \$29.99 | 9781925335910 | 225 x 203 mm | Hardcover |
160 pages | Colour

Waddle is a compendium of charming quotes and gorgeous photography combined to create the ultimate gift for penguin lovers.



Cluck

A Book of Happiness for Chicken Lovers
Freya Haanen (ed.)



AU \$29.99 | NZ \$29.99 | 9781925335798 | 225 x 203 mm | Hardcover |
160 pages | Colour

Accompanied by beautiful pictures, this stunning collection of quotes and proverbs will steal any chicken lover's heart.



Spirit

A Book of Happiness for Horse Lovers
Anouska Jones (ed.)



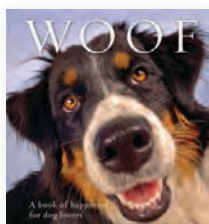
225 x 203 mm | 160 pages | Colour

Paperback | AU \$14.99 | NZ \$14.99 | 9781921966958

Hardcover | AU \$29.99 | NZ \$29.99 | 9781925335514



This best-selling collection of memorable horse quotes and beautiful photography is also available in paperback.



Woof

A Book of Happiness for Dog Lovers
Anouska Jones (ed.)



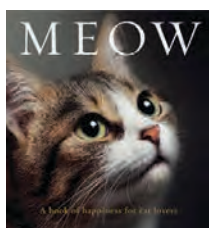
225 x 203 mm | 160 pages | Colour

Paperback | AU \$14.99 | NZ \$14.99 | 9781925335576

Hardcover | AU \$29.99 | NZ \$29.99 | 9781925335095



Featuring beautiful photography, this is a collection of quotes to treasure.



Meow

A Book of Happiness for Cat Lovers
Anouska Jones (ed.)



AU \$14.99 | NZ \$14.99 | 9781925335088 | 225 x 203 mm | Paperback |
160 pages | Colour

No cat lover can imagine life without a feline presence. *Meow* is a compendium of delightful quotes and photographs that capture the essence of this fascination.



Oink

A Book of Fun for Pig Lovers

Renée Hollis (ed.)

AU \$29.99 | NZ \$29.99 | 9781925820102 |

225 x 203 mm | Hardcover | 160 pages | Colour |

Nov 2019



Pigs rock! And more
and more people —
including superstars

such as George Clooney and Miley Cyrus — have discovered all the delightful characteristics that make them such endearing pets. Pigs are smart, they can learn tricks, they're actually incredibly clean, and they're communicative, social animals.

Oink is a celebration of these wonderful creatures and the perfect gift for anyone who has ever fallen under a pig's spell! Featuring memorable quotes from people such as Winston Churchill, George Bernard Shaw, John Howard, Shelley Duvall and A.A. Milne, each accompanied by a beautiful photograph, this is a book that's guaranteed to make you smile.

NEW IN THIS POPULAR SERIES



Meow (3rd Edition)

A Book of Happiness for Cat Lovers

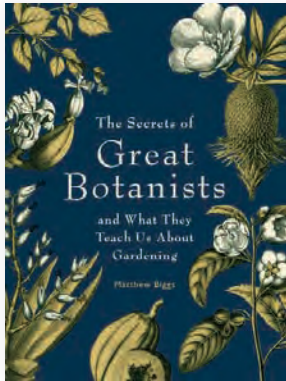
Anouska Jones (ed.)

AU \$29.99 | NZ \$29.99 | 9781925820225 | 225 x 203 mm | Hardcover |

160 pages | Colour | Oct 2019

Now pouncing back into hardback, gorgeous photography and memorable quotes create the ultimate gift book for cat lovers.



ORDER 5 x COPIES OF *THE SECRETS OF GREAT BOTANISTS* AND

The Secrets of Great Botanists

and What They Teach Us About Gardening

Matthew Biggs

AU \$34.99 | NZ \$34.99 | 9781925820256 | 230 x 170 mm | Hardcover | 224 pages | Colour | Oct 2019



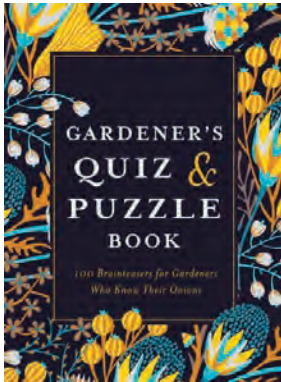
Botanists have been the trailblazers in discovering how plants work to benefit our species, collecting many of the plant species we find in our gardens today from all around the world. This informative and beautiful guide presents the stories and reveals the secrets of 35 of these botanists, plant collectors and gardening pioneers of the past and present. Every botanist

included in *The Secrets of Great Botanists* was, or is, passionate about their particular specialty. Whether they were searching for plants in wild places, prescribing herbal medicines or forming new structures of plant classification, they were driven by an insatiable desire to learn and discover, so that we, as humans, might benefit from improved crops, medicines or gardens. Through the vibrancy of botanical photographs and beautifully illustrated period botanical watercolours, this book aims to teach readers about the observations, ideas, secrets and discoveries of these ground-breaking botanists. Their influence on gardening and the wider world will provide inspiration and practical guidance for budding gardeners of all levels and will inspire readers to try these plants and tips at home.

35 revolutionary botanists.
Discoveries that made the world bloom.
Learn from their legacies with this
inspiring guide.



GARDENER'S QUIZ AND PUZZLE BOOK TO GET AN EXTRA 5% OFF.



Gardener's Quiz and Puzzle Book

100 Brainteasers for Gardeners Who Know Their Onions

Simon Akeroyd and Dr Gareth Moore

AU \$29.99 | NZ \$29.99 | 9781925820423 | 230 x 170 mm |
Flexibound Paperback | 224 pages | Colour | Nov 2019

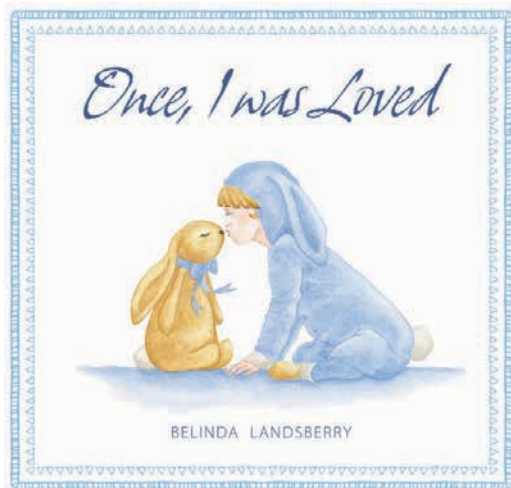


Ever wanted to show just how much you know about roses? Or see if you can remember the Latin name for Japanese

Maple? The *Gardener's Quiz and Puzzle Book* is designed to test your horticultural and botanical knowledge with puzzles to delight and challenge. Featuring over 400 lavishly illustrated questions, from anagrams to garden history, from obscure tools to identifying plants based on their leaves — there are questions for every level of gardening knowledge. Written by an expert gardener and author, in collaboration with experienced puzzle master Dr Gareth Moore, this book is a sumptuous delight for any gardening enthusiast.

An intricately illustrated book of quizzes and puzzles to test the gardening knowledge of green-thumbed enthusiasts.





Once I Was Loved

BELINDA LANDSBERRY

**THEMES: HISTORY AND
CHILDHOOD MEMORIES**

AU \$24.99 | NZ \$24.99 | 9781925820027 |

Hardback | 245 x 255 mm | 32 pages |

Colour | Oct 2019



An old toy rabbit
finds himself
in a box of toys

donated to charity. 'But it wasn't always this way,' Tock reflects, 'Once I was loved.' From World War II to rock 'n' roll, from the moon landing to the Hippy movement, this is a story of the children

who've loved Tock across the decades. A celebration of the timeless nature of love set against the backdrop of iconic moments of the 20th century, this heart-warming picture book will resonate with anyone who has ever cherished a childhood toy.

**A child-friendly
introduction to
key moments
of 20th-century
history.**



ABOUT THE AUTHOR AND ILLUSTRATOR

Belinda Landsberry is an award-winning author and illustrator whose best-selling debut children's picture book, *Anzac Ted*, was published internationally by EK Books in 2014. Belinda has a Diploma of Teaching with a major in Fine Arts, and a Diploma of Graphic Design.

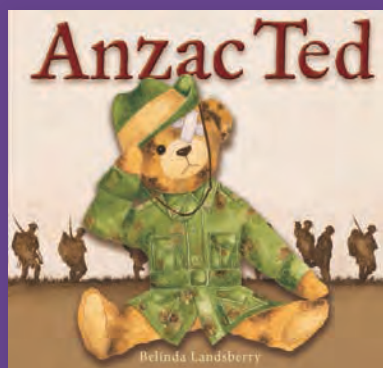


Books with Heart on Issues that Matter



Then one day, a
marvellous new music
craze called 'Rock 'n' Roll'
arrived, so every afternoon
Max got out the record
player and we sang and
danced the day away.

ALSO BY BELINDA LANDSBERRY



Anzac Ted

BELINDA LANDSBERRY

THEMES: FAMILY AND THE LEGACY OF WAR

AU \$24.99 | NZ \$24.99 | 9781921966569 | Hardcover |

245 x 255 mm | 32 pages | Colour

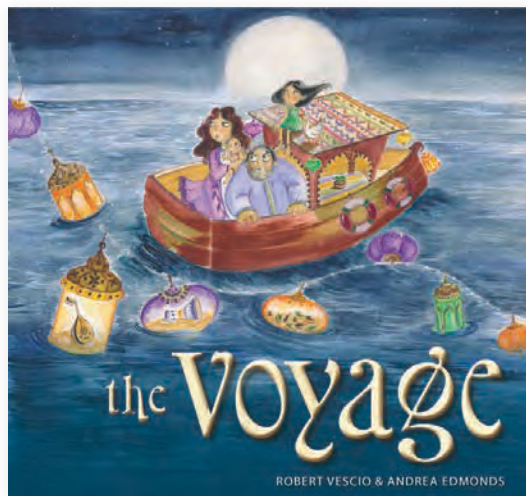
AU \$14.99 | NZ \$14.99 | 9781925335187 | Paperback |

245 x 255 mm | 32 pages | Colour



"An excellent means of introducing primary children to the concept of war. It should be found in all libraries."

– Ann Pisarevsky (Science Teachers' Association of Victoria)



The Voyage

ROBERT VESCIO &
ANDREA EDMONDS

**THEMES: EMPATHY, RESILIENCE
AND REFUGEES**

AU \$24.99 | NZ \$24.99 | 9781925820034 |
Hardback | 245 x 255 mm | 32 pages |
Colour | Nov 2019



Displaced
by war and
conflict, a
refugee family sets out on a voyage into
the unknown. Told in only a few words,
this is the powerful story of a family

fleeing their war-torn country and making a dangerous trip across the ocean to a new life in a new land. 'Chaos' begins the story, as the family escapes. 'Wild' is the midway point, as their boat battles through a storm. 'Beauty' is the sight of a green, beautiful land ahead of them. 'Safe' is the beginning of their new life in their new home.



ABOUT THE AUTHOR AND ILLUSTRATOR

Robert Vescio is a full-time children's author whose aim is to enthuse and inspire children to read and write and leave them bursting with imaginative ideas.

Andrea Edmonds is an artist and illustrator who has worked on kids' books, greeting cards, stationery, commissioned artworks and animation.



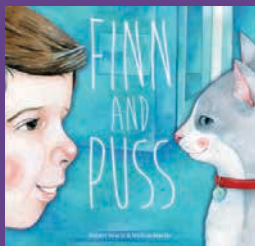
Books with Heart on Issues that Matter

CHILDREN'S PICTURE BOOKS



Comfort

ALSO FROM THESE CREATORS



Finn and Puss

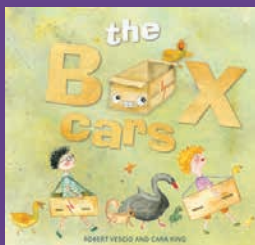
ROBERT VESCIO & MELISSA MACKIE



THEMES: LONELINESS, FRIENDSHIP AND DOING THE RIGHT THING

AU \$19.99 | NZ \$19.99 | 9781925335507 | Hardback | 245 x 255 mm | 32 pages | Colour

"This beautiful book is suitable in the lower school for reluctant readers as it only has 80 words, and is great for the upper school for teaching narratives and ethics." – Educating Young Children



The Box Cars

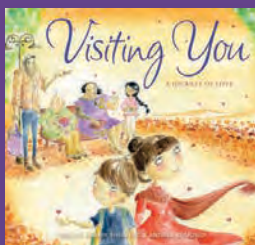
ROBERT VESCIO & CARA KING



THEMES: FRIENDSHIP, CREATIVITY AND PROBLEM-SOLVING

AU \$24.99 | NZ \$24.99 | 9781925335835 | Hardback | 245 x 255 mm | 32 pages | Colour

"Readers will recognise and enjoy the simple joy of make-believe play and be inspired to create their own toys from recycled materials." – CBCA's Reading Time



Visiting You

A Journey of Love

REBECCA SHARPE SHELBERG & ANDREA EDMONDS



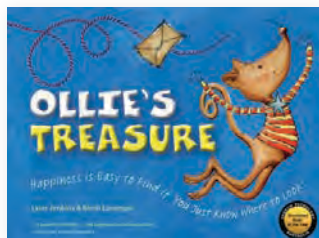
THEMES: COMMUNITY, DIVERSITY, TOLERANCE AND LOVE

AU \$24.99 | NZ \$24.99 | 9781925335668 | Hardback | 245 x 255 mm | 32 pages | Colour

"A beautiful story about not judging people on their appearance and the importance of listening." – Junior Book Worms Book Review

CHILDREN'S PICTURE BOOKS

NEW IN PAPERBACK



**Shortlisted for the
Speech Pathology
Australia Book of
the Year Award**

Ollie's Treasure

Happiness is Easy to Find if You Just Know Where to Look
LYNN JENKINS & KIRRILI LONERAGAN

THEMES: FINDING HAPPINESS THROUGH MINDFULNESS

AU \$19.99 | NZ \$19.99 | 9781925820263 | Paperback | 215 x 288 mm | 32 pages | Colour | Oct 2019



Ollie's Treasure is a tale of mindfulness for young, developing minds. Ollie's grandma sends him a treasure map that promises to lead him to 'something that will make him happy always'. Of course, Ollie thinks this 'something' will be a toy of some sort, but he gets both a rude shock and a big surprise when his treasure turns out to be him!



An Aussie Year

Twelve Months in the Life of Australian Kids
TANIA MCCARTNEY & TINA SNERLING

THEMES: MULTICULTURALISM, CUSTOMS & TRADITIONS

AU \$17.99 | NZ \$17.99 | 9781925820270 | Paperback | 245 x 255 mm | 32 pages | Colour | Nov 2019

Winner of the ACT Writing & Publishing Award for Best Children's Book. Shortlist for West Australian Young Readers' Book Award in the category of Best Picture Book.



Meet Ned, Lily, Zoe, Kirra and Matilda — Australian children representing a multicultural blend of culture and race that typifies our beautiful country. Let them take you through a year in the life of Australian kids, from celebrations to traditions, from events, to our everyday way of life. They are Australia. Charming, whimsical and inclusive.



A Kiwi Year

Twelve Months in the Life of New Zealand's Kids
TANIA MCCARTNEY & TINA SNERLING

THEMES: MULTICULTURALISM, CUSTOMS & TRADITIONS

AU \$17.99 | NZ \$17.99 | 9781925820287 | Paperback | 245 x 255 mm | 32 pages | Colour | Nov 2019



"[These books will] help to generate an attitude of tolerance and inclusiveness. These books would be important resources in any school or classroom library."
– Reading Time



Books with Heart on Issues that Matter

FOR A FULL LIST OF EK BOOKS CLASSICS AVAILABLE IN PAPERBACK SCAN THIS CODE



LITTLE PINK DOG BOOKS



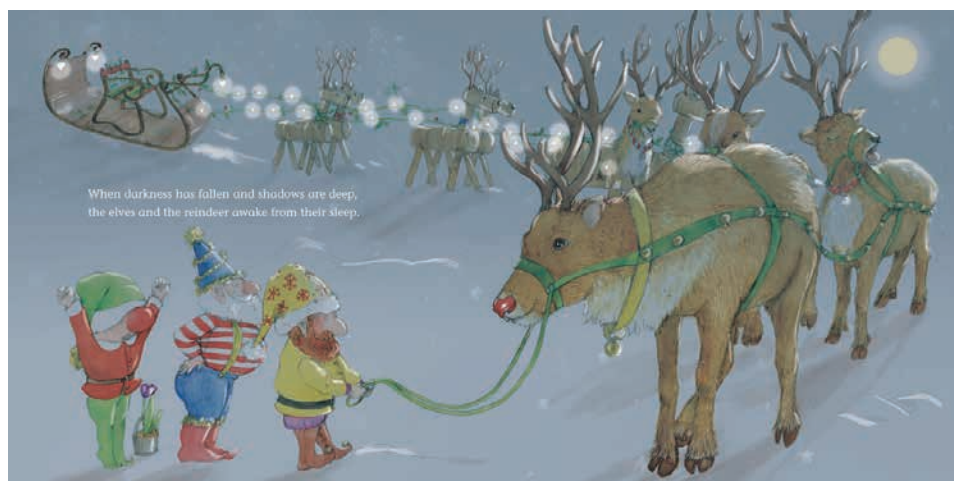
The Christmas Garden

CAROLINE TUOHEY & SANDRA SEVERGNINI

AU \$24.95 | NZ \$24.95 | 9780648256342 | Hardcover | 238 x 238 mm | 32 pages | Colour | Oct 2019 | **LITTLE PINK DOG BOOKS**



A Christmas story told with lyrical rhyme and whimsical illustration, *The Christmas Garden* is reminiscent of the classic *The Night Before Christmas*. It takes children on a garden adventure filled with Christmas trees, reindeer, elves and, of course, Santa Claus. It's a celebration of Christmas, the beauty in nature and the power of imagination.



BESTSELLER



Stop Talking, Start Influencing

12 Insights from Brain Science to Make Your Message Stick

Jared Cooney Horvath PhD, MEd

AU \$34.99 | NZ \$34.99 | 9781925335903 | 229 x 152 mm |

Paperback | 304 pages



Make the 12 scientific principles of how people learn work for you, so that you can get your message to stick in any environment, whether you're a business leader, sports coach, teacher or parent.

NEW STOCK AVAILABLE IN JULY

"This is a book that I'll come back to again and again for the science, explanations and practical tips. But I might also come back to it and read it again just because I enjoyed reading it. And that was unexpected."

– TES (The world's largest online community of teachers)



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