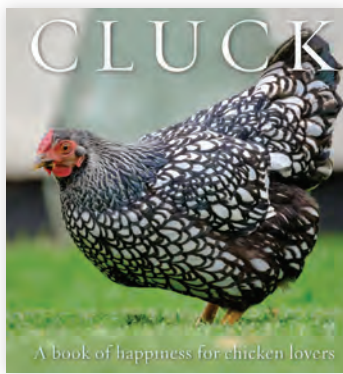




IN THIS ISSUE

- FRESHLY HATCHED RELEASES
- BOOKS FOR A NEW YOU IN THE NEW YEAR
- WHAT'S NEW IN PAPERBACK?
- BOOKS FOR BETTER MENTAL HEALTH FOR CHILDREN





Cluck

A Book of Happiness for Chicken Lovers
Freya Haanen (ed.)



NEW IN PAPERBACK.



AU \$14.99 | NZ \$14.99 | Feb 2020 |
9781925820478 | 225 x 203 mm |
Paperback | 160 pages | Colour

Any chicken owner will know that there's more to these endearing, quirky, clever characters than the eggs they produce. *Cluck* is a celebration of hens, roosters and chicks, combining high-quality photography with inspirational and amusing quotations to create the perfect gift for chicken fans. Accompanied by beautiful pictures of a variety of these farmyard birds, from Plymouth Rocks to Silkies, this stunning collection of quotes and proverbs will steal any chicken lover's heart.



ALSO IN THIS SERIES



Today in New Zealand History

Neill Atkinson, David Green,
Gareth Phipps and Steve Watters



AU \$39.99 | NZ \$39.99 | Feb 2020 |
9781775594284 | 280 x 210 mm |
Paperback | 304 pages | Colour

From the Ministry for Culture and Heritage and the Alexander Turnbull Library, this glorious, fully illustrated discovery of New Zealand's key times brings history to life. Each day of the year features a story ranging from the nation-forming to the quirky, while Born on this Day boxes scattered throughout provide details on around 100 figures of significance to New Zealand history. A valuable resource for sharing New Zealand's history in an engaging way, especially in light of recent announcements that teaching NZ history will become compulsory in NZ schools and kura.



ALL NEW EDITION.
NOW IN PAPERBACK.

NEW YEAR. NEW YOU.



The Eczema Detox

The low-chemical diet for eliminating skin inflammation
Karen Fischer



AU \$34.99 | NZ \$34.99 |
9781925335538 |
235 x 191 mm | Hardcover |
240 pages | Colour

BEAT THE SUMMER ITCH

The Eczema Detox contains specific programs, menus and recipes to successfully eliminate skin inflammation. It's based on nutritionist Karen Fischer's years of research and proven experience treating hundreds of eczema patients.



Reach Your Goals Without Stressing Out

A High Achiever's Guide to a Successful Life
Chantal Hofstee



AU \$29.99 | NZ \$29.99 |
9781925335644 |
229 x 152 mm | Paperback |
240 pages

RESOLVE TO DO BETTER THIS YEAR

If you're tired of working hard instead of working smart, if you feel stressed out and fear burnout, this is the book you've been waiting for. Combining the latest brain science with practical mindfulness-based techniques, it takes you on a journey of self-discovery, leading to practical strategies for sustainable, fulfilling success.



Feed Your Brain: The Cookbook

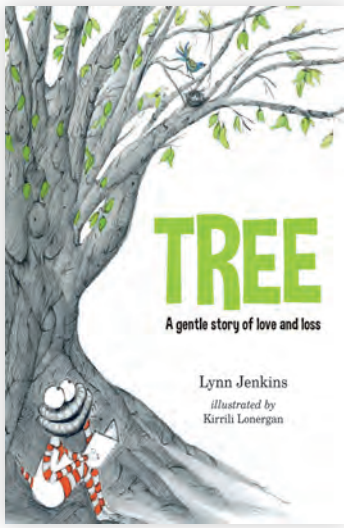
Recipes to Support a Lighter, Brighter You!
Delia McCabe



AU \$34.99 | NZ \$34.99 |
9781925335613 |
235 x 191 mm | Paperback |
240 pages | Colour

EAT YOUR WAY TO BETTER BRAIN HEALTH

Did you know that your brain uses a whopping 20% of all the energy gained from food? Learn how to feed the greedy beast with this ultimate collection of quick, easy and delicious recipes to keep your brain in tip-top shape.



Tree

A Gentle Story of Love and Loss

Lynn Jenkins & Kirrili Lonergan



QTY

WRITTEN BY AN EXPERIENCED,
PRACTISING CLINICAL PSYCHOLOGIST.
NEW IN THE 'LESSONS OF A LAC' SERIES.

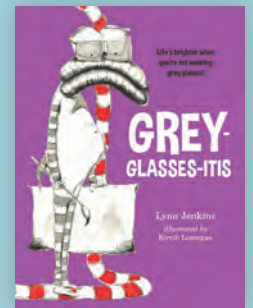
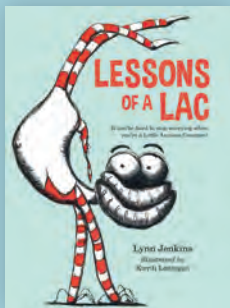


AU \$19.99 | NZ \$19.99 | Feb 2020 | 9781925820126 | 305 x 230 mm |
Paperback | 32 pages | Colour

THEMES: MOODS, FEELINGS AND EMOTIONAL RESILIENCE

Tree is a gentle story of loss that helps children to learn how to say goodbye and process grief. *Tree* is the much-loved centrepiece of the community. But one day Curly and Lopy notice that *Tree's* leaves are starting to fall — at the wrong time of year — and *Tree's* bark is flaking. It's *Tree's* time to leave. Fortunately Curly is able to teach Lopy how to accept that *Tree* is leaving, say goodbye, and commemorate *Tree's* life.

ALSO IN THIS SERIES:



NEW IN PAPERBACK



Saying Goodbye to Barkley
Devon Sillett & Nicky Johnston



QTY



AU \$19.99 | NZ \$19.99 |
Feb 2020 | 9781925820447 |
245 x 255 mm | Paperback |
32 pages | Colour

THEMES: MOODS, FEELINGS AND EMOTIONAL RESILIENCE

HELPS CHILDREN TO UNDERSTAND THAT IT'S POSSIBLE FOR GOOD THINGS TO COME FROM SAD OR DIFFICULT EXPERIENCES.

Olivia and her dog Barkley are inseparable. He's her sidekick, her partner in crime-fighting — they're the perfect pair. But then, Barkley dies and Olivia is heartbroken. Gradually, however, she realizes that Barkley wouldn't want her to be unhappy for the rest of her life. So she comes up with a clever plan to get her happiness back.



At the End of Holyrood Lane
Dimity Powell & Nicky Johnston



QTY



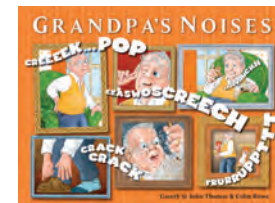
AU \$19.99 | NZ \$19.99 |
Feb 2020 | 9781925820454 |
245 x 255 mm | Paperback |
32 pages | Colour

THEMES: DOMESTIC VIOLENCE, SELF-RELIANCE & HOPE



SCWBI CRYSTAL KITE
AWARD WINNER

Flick is just like any other youngster except that her life is often violent and unpredictable due to the constant storms that plague her home. Visually arresting, emotionally incisive, and ultimately uplifting, this beautifully crafted picture book provides a sensitive glimpse into one aspect of domestic violence and how it can affect young lives.



Grandpa's Noises
Gareth St John Thomas & Colin Rowe



QTY



AU \$19.99 | NZ \$19.99 |
Feb 2020 | 9781925820461 |
215 x 288 mm | Paperback |
32 pages | Colour

THEMES: FAMILY AND HUMOUR

CHILDREN, PARENTS AND GRANDPARENTS WILL ALL ENJOY THIS WARM-HEARTED ROMP.

In *Grandpa's Noises*, a range of sounds and words coming from body and mouth are explained in a warm and funny intergenerational romp. For example, 'Eyenoleessgofurawark' is obviously Grandpa-speak for 'I know, let's go for a walk'. But some sounds — like the 'Fffffffft' that sometimes escapes Grandpa's bottom — need no explanation!



Together Things

When Her Father Feels Sad, A Little Girl Finds Ways to Keep The Bonds of Love Alive

Michelle Vasiliiu & Gwynneth Jones



AU \$24.99 | NZ \$24.99 | Feb 2020 |
9781925820294 | 245 x 255 mm |
Hardcover | 32 pages | Colour

THEMES: UNDERSTANDING DEPRESSION, MENTAL HEALTH AND PARENT-CHILD RELATIONSHIPS

AN AGE-APPROPRIATE INTRODUCTION TO THE IMPORTANCE OF UNDERSTANDING MENTAL HEALTH AND ILLNESS.

Her mother says you can't see her daddy's hurt because it's inside his head ... One in five adults experiences depression in their lifetime, but young children are often left in the dark when their mother or father suddenly can't play like they used to. *Together Things* helps young children to understand that, while it is okay for them to feel mad or sad about this, sometimes they must do different things together while their parent focuses on their mental health and getting better.



FOR MORE PICTURE BOOKS ON CHILDREN'S MENTAL HEALTH DOWNLOAD OUR CATALOGUE



The Big Old Rambutan Tree

Kathy Creamer



AU \$24.95 | NZ \$24.95 | Feb 2020 |
9780648256373 | 238 x 238 mm |
Hardcover | 40 pages | Colour |
LITTLE PINK DOG BOOKS

ALL NET FUNDS GENERATED FROM THE SALE OF THIS BOOK WILL BE USED TO SUPPORT THE AMAZING WORK OF ORANGUTAN OUTREACH.



From the flames of the burning rainforest an extraordinary bond of friendship ignites between a savage tiger and gentle orangutan, struggling to survive in their diminishing habitat. A gentle story that surveys our ecological footprint.



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