



New releases
APRIL–JUNE 2019



ALSO IN THIS ISSUE:

Latest children's picture books from EK BOOKS

truth prevention, fake news and
conspiracy theories

Order
now!

Truthteller

STEPHEN DAVIS

Independent publishing with passion and purpose

From the Exisle team...

The fake news mantra of the Trump administration has us all wondering what to believe. Our April release, **Truthteller**, from highly respected journalist Stephen Davis, pulls back the veil that screens the news machine from the public view. It unmasks the unseen forces that shape our understanding of truth and is a timely reminder about why we need an independent and inquisitive media.

We also have advice about building your personal brand with **Being You**, while **Dealing with Depression**, the latest in our Empower series, offers no-nonsense expert advice on dealing with the dreaded black dog.

Our children's imprint, EK Books, brings you **Incurable Imagination**, a delightful romp which celebrates creativity from Paul Russell, the author of popular **Grandma Forgets** and **My Storee**. We also have **Up To Something**, a story about recycling and secret shed business, and **Grandpa's Noises**, because farts are funny!!!

If you would like more information about any of these titles, please get in touch.

Best Wishes

Siobhan Dillon
Sales

I wrote this book for those who don't want to be deceived.

“ There is an increasingly large number of weapons in the arsenal of the rich, the powerful and the elected to prevent the truth coming out – to bury it, warp it, twist it to suit their purposes.

This toolbox, if you will, is used to promote their interests or to defeat opponents, to conceal blunders or crimes, to cover-up corruption or to hide things that are just plain embarrassing.

This book is about the way these tools have been used in stories I have investigated in three decades as an award-winning reporter, editor, foreign correspondent, television producer and documentary filmmaker, and how they continue to be used.

The examples in this book demonstrate how the truth has been suppressed or distorted, often quite successfully and over many years. Some of the stories, affecting the lives of many people, are still mysteries waiting to be solved, despite the best efforts of journalists to uncover the truth.

Lying, cover-ups, media manipulation – these have always been with us – but now they are almost an art form, practised by skilled, highly paid professionals and, increasingly, zealous amateurs armed with a little knowledge, social media savvy and an agenda.

They know they can get away with it because, well, we simply aren't paying close enough attention.

We wake up every morning in a world where our truth is what we believe on any given day and, if we need a change, a different truth is just a click away. That is a gift for those who would deceive us. – Stephen Davis

Truthteller

An Investigative Reporter's Journey Through the World of Truth Prevention, Fake News and Conspiracy Theories

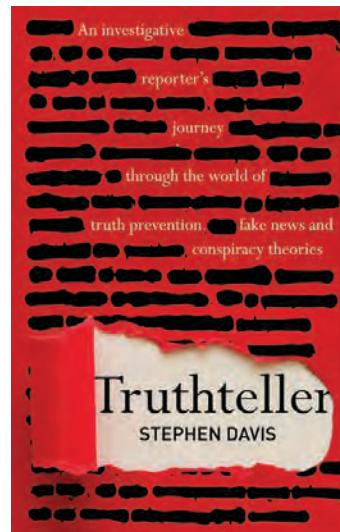
Stephen Davis

AU \$29.99 | NZ \$29.99 | 9781925335897 | 210 x 135 mm | Paperback | 264 pages | April 2019



There is a war on truth.
And the liars are winning.
Truthteller reveals how

governments and corporations have covered-up mass murder, corruption and catastrophe. In a world where Putin and Trump have successfully branded journalists as traffickers in fake news, while promoting the actual creators of fake news, an investigative reporter shows the tools that are used to deceive us



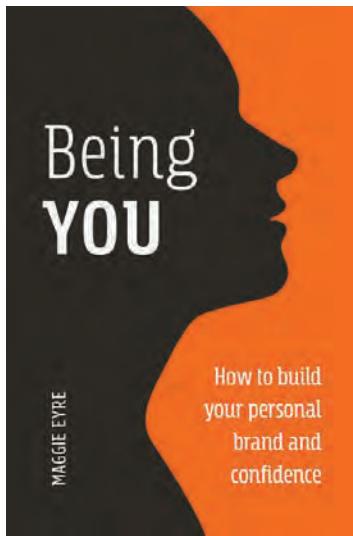
and explains why they work. Using exclusive documents and interviews drawn from three decades as an award-winning reporter, editor, foreign correspondent, television producer, documentary filmmaker, and journalism educator, Stephen Davis reveals shocking details of deception in the United States, the UK, Russia, Sweden, the Baltic republics, Australia, New Zealand, Brazil, the Arctic and Antarctic. *Truthteller* is an essential guide for understanding the modern media world – for teachers, students and concerned citizens who want to know the facts, not fake news and conspiracy theories. It takes you inside the world of investigative reporting in an intimate history of a reporter's battles, won and lost, the personal and professional costs and the lives damaged along the way.

An essential guide for understanding the modern media world – for teachers, students and concerned citizens who want to know the facts, not fake news and conspiracy theories. Uses exclusive documents and interviews from the CIA, Pentagon, MI6, NSA and British and American special forces to cast a light on deniable operations and government lies.

ABOUT THE AUTHOR

Stephen Davis has been on the frontlines of journalism for three decades as an investigative reporter in TV, magazines and newspapers. He has reported from the rainforests of Brazil to the icy wastes of Antarctica, from London to Los Angeles, from the Middle East to Russia.





Being You

How to Build Your Personal Brand and Confidence

Maggie Eyre

AU \$32.99 | NZ \$32.99 | 9781925335927 | 229 x 152 mm |
Paperback | 296 pages | May 2019



9 781925 335927

Being You teaches you everything you need to know about personal branding. A

personal brand tells the world about who you are as a human being personally and professionally. It's about authenticity and is derived exclusively from your mind, your heart, your values, your passions, and what you believe to be true at the core of your personal and professional self. That's why it's unique — because it begins with and is created from *you*. Whether you are the leader of an organization or team, engaged in

creative work, in transition and changing your job, searching for a new career, going for a job interview, giving an important speech or presentation, wanting to network more effectively, or lobbying for a public position, this book will provide you with the toolkit to develop a confident personal brand. *Being You* shows you how to communicate your business and increase your brand awareness, both face to face and on digital platforms, including a comprehensive social media strategy.

"I strongly recommend Being You to people who are committed to making their mark on our world, whatever their field of endeavour may be. I hope that others will benefit, as I did, from taking the advice which Maggie offers."

Helen Clark, Former Prime Minister of New Zealand and Former Administrator of the United Nations Development Programme

ABOUT THE AUTHOR

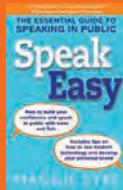
Maggie Eyre is an internationally recognized expert in personal presence and leadership motivation, with over 30 years' experience in business, public relations and performance. She focuses on training her clients to harness their maximum potential and shine with authentic voice and action.

ALSO BY THIS AUTHOR

Speak Easy

The Essential Guide to Speaking in Public

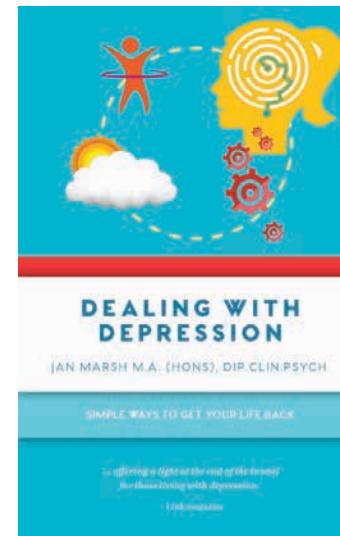
Maggie Eyre



AU \$29.99 | NZ \$29.99 | 9781921966859 | 234 x 151 mm | Paperback | 272 pages



9 781921 966859



Dealing with Depression

Simple Ways to Get Your Life Back

Jan Marsh M.A. (Hons), Dip.Clin.Psych

AU \$19.99 | NZ \$19.99 | 9781925335934 | 198 x 129 mm |
Paperback | 192 pages | June 2019



9 781925 335934

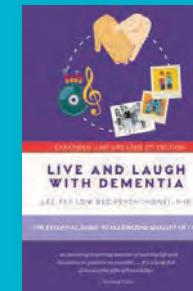
Dealing with Depression offers a simple, easy to follow, non-judgmental and, above all, effective exploration of depression and how to manage it. A range of strategies is outlined, including the physiological fundamentals of sleep, healthy diet and exercise as well as ideas from positive psychology that help us to take care of ourselves. Case studies show how Jan Marsh's approach can be tailored to the individual, enabling anyone to successfully deal with depression and get their life back.



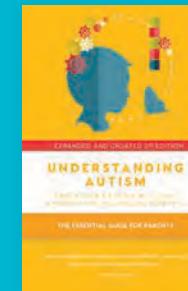
ABOUT THE AUTHOR

Jan Marsh M.A. (Hons), Dip.Clin.Psych. practised as a clinical psychologist for 40 years. For the latter part of her career, she worked in private practice, consulting with adults who presented with anxiety, depression and challenging life issues.

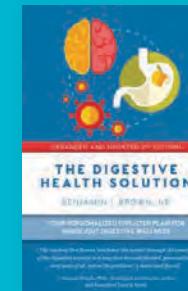
ALSO IN THIS SERIES



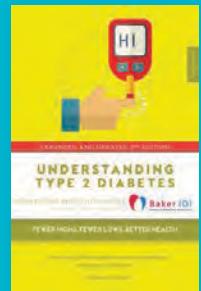
AU \$19.99 | NZ \$19.99 | 9781925335729 | Paperback | 198 x 129 mm | 256 pages



AU \$19.99 | NZ \$19.99 | 9781925335712 | Paperback | 198 x 129 mm | 272 pages



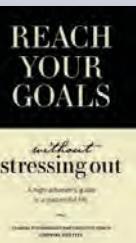
AU \$19.99 | NZ \$19.99 | 9781925335385 | Paperback | 198 x 129 mm | 272 pages



AU \$19.99 | NZ \$19.99 | 9781925335552 | Paperback | 198 x 129 mm | 336 pages

PERSONAL GROWTH

VALUE BUNDLE — Buy all 5 books and get an extra 5% off



Reach Your Goals Without Stressing Out

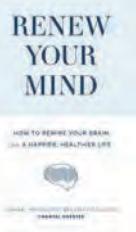
A High-Achiever's Guide to a Successful Life

Chantal Hofstee

AU \$29.99 | NZ \$29.99 | 9781925335644 | 229 x 152 mm | Paperback | 240 pages



Discover how to maximize your brain's potential so that you work smart, not hard, and achieve sustainable success.



Renew Your Mind

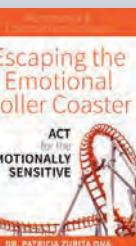
How to Rewire Your Brain for a Happier, Healthier Life

Chantal Hofstee

AU \$32.99 | NZ \$32.99 | 9781925335866 | 229 x 152 mm | Paperback | 320 pages



The essential guide to rewiring your brain so that you can lead a rich and rewarding life that leaves you energized, healthy and happy.



Escaping the Emotional Roller Coaster

ACT for the Emotionally Sensitive

Dr Patricia Zurita Ona

AU \$29.99 | NZ \$29.99 | 9781925335743 | 229 x 152 mm | Paperback | 248 pages



Learn how to control your emotions instead of letting them control you!



Build the Person You Want to Be

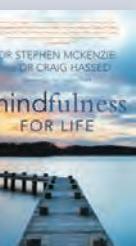
The ORANGES Toolkit

Simon Rountree

AU \$29.99 | NZ \$29.99 | 9781925335125 | 229 x 152 mm | Paperback | 192 pages



Build a more resilient, optimistic you with *Build the Person You Want to Be*, your personal wellbeing toolkit.



Mindfulness for Life

Dr Stephen McKenzie and Dr Craig Hassed

AU \$29.99 | NZ \$34.99 | 9781921966033 | 234 x 151 mm | Paperback | 312 pages



The complete guide to learning how to master the art of paying attention to what is going on in our lives right now.

GIFTS FOR MUM



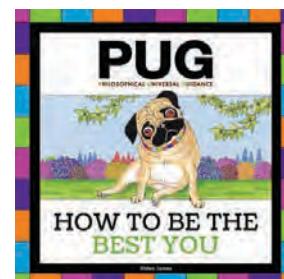
Happiness is a Red Teapot

Anouska Jones (ed.)

AU \$29.99 | NZ \$29.99 | 9781925335651 | 225 x 203 mm | Hardcover | 160 pages | Colour



For centuries, tea has held a valued place in both Eastern and Western cultures. Beautifully designed, this collection of quotes and accompanying photographs proves that tea's appeal is truly universal!



PUG

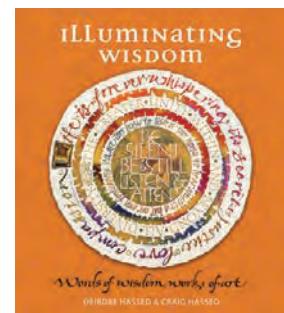
How to Be the Best You

Helen James

AU \$19.99 | NZ \$19.99 | 9781925335620 | 203 x 203 mm | Hardcover | 64 pages | Colour



Our colourful Pug draws inspiration from other creatures and, in a unique and charming way, demonstrates how we can learn and benefit from their teachings.



Illuminating Wisdom

Words of Wisdom, Works of Art

Deirdre Hassed & Craig Hassed

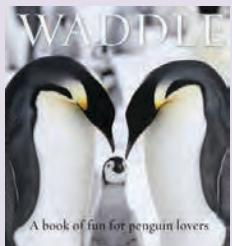
AU \$34.99 | NZ \$34.99 | 9781925335354 | 225 x 203 mm | Hardcover | 160 pages | Colour



Wisdom and the art of calligraphy are combined in a beautiful celebration of some of the world's most inspiring quotes.

GIFTS FOR MUM

VALUE BUNDLE — Buy all 5 books and get an extra 5% off

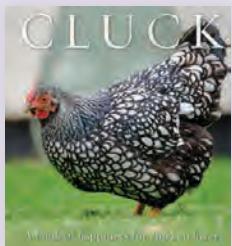
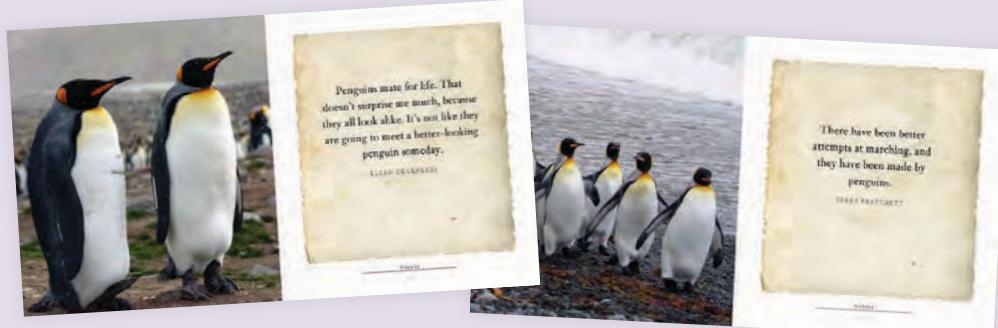


Waddle

A Book of Fun for Penguin Lovers
Lloyd Spencer Davis (ed.)

AU \$29.99 | NZ \$29.99 | 9781925335910 | 225 x 203 mm | Hardcover |
160 pages | Colour

Waddle is a compendium of charming quotes and gorgeous photography creating the ultimate gift for penguin lovers.



Cluck

A Book of Happiness for Chicken Lovers
Freya Haanen (ed.)

AU \$29.99 | NZ \$29.99 | 9781925335798 | 225 x 203 mm | Hardcover |
160 pages | Colour

High-quality photography with inspirational quotes make this a compendium that will steal any chicken lover's heart.



Spirit

A Book of Happiness for Horse Lovers
Anouska Jones (ed.)

Paperback | AU \$14.99 | NZ \$14.99 | 9781921966958 |
225 x 203 mm | 160 pages | Colour
Hardcover | AU \$29.99 | NZ \$29.99 | 9781925335514 |
225 x 203 mm | 160 pages | Colour

Horses are the epitome of grace, power and freedom. *Spirit* is a compendium of enduring quotes and beautiful images that capture the essence of our affection for these magnificent animals.



9 781925 335910

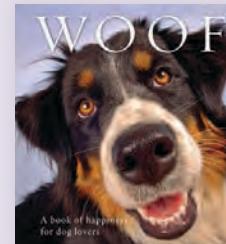
GIFTS FOR MUM

Woof

A Book of Happiness for Dog Lovers
Anouska Jones (ed.)

Paperback | AU \$14.99 | NZ \$14.99 | 9781925335576 |
225 x 203 mm | 160 pages | Colour

Hardcover | AU \$29.99 | NZ \$29.99 | 9781925335095 |
225 x 203 mm | 160 pages | Colour



Featuring beautiful photography, this is a collection of quotes to treasure.



9 781925 335576



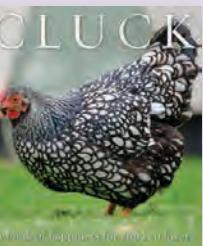
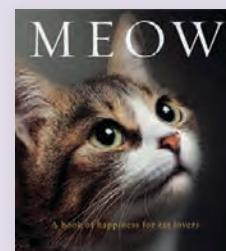
9 781925 335088

Meow

A Book of Happiness for Cat Lovers
Anouska Jones (ed.)

AU \$14.99 | NZ \$14.99 | 9781925335088 | 225 x 203 mm | Paperback |
160 pages | Colour

No cat lover can imagine life without a feline presence. *Meow* is a compendium of delightful quotes and photographs that capture the essence of this fascination.



Australia Rocks!

Remembering the Music of the 1950s to 1990s
Lucy Desoto

AU \$49.99 | NZ \$49.99 | 9781775592983 | 277 x 274 mm | Hardcover |
176 pages



9 781775 592983

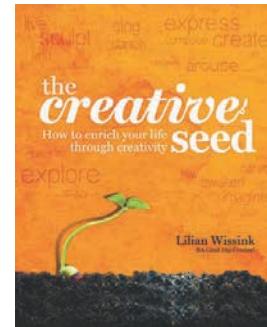
Australia Rocks! explores the rock 'n' roll soundtrack of Australia, bringing the bands and times to life through unique photographs and evocative text.



9 781925 335798



9 781925 335514



The Creative SEED

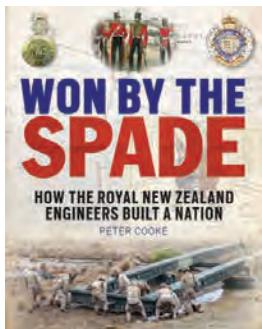
How to Enrich Your Life Through Creativity
Lilian Wissink

AU \$24.99 | NZ \$29.99 | 9781921966255 | 210 x 170 mm | Paperback |
240 pages



9 781921 966255

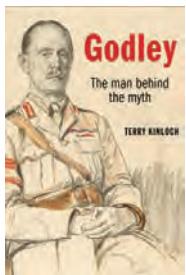
Inspirational and practical strategies to awaken and nurture anyone's inner artist, writer or performer.

NEW**Won By the Spade***How the Royal New Zealand Engineers Built a Nation***Peter Cooke**

AU \$69.99 | NZ \$69.99 | 9781775593645 | 240 x 190 mm | Hardcover | 688 pages | April 2019



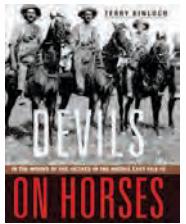
The definitive, authoritative history of the Royal New Zealand Engineers describes the corps' actions, events and people from the New Zealand Wars of the 19th century to the present day. It covers military engineering in New Zealand, including that of Māori, the corps' role in overseas wars, and demining, peacekeeping and civil aid missions.

**Godley***The Man Behind the Myth***Terry Kinloch**

AU \$59.99 | NZ \$59.99 | 9781775593638 | 240 x 160 mm | Hardcover | 328 pages



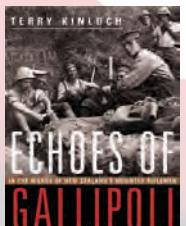
This is the first full biography of General Sir Alexander Godley, the British commander of the New Zealand Expeditionary Force (NZEF) during World War I. Terry Kinloch takes care to present a fair and balanced look at a man generally considered to have been a poor field commander and one usually blamed for failures at Gallipoli and Passchendaele.

**Devils on Horses***In the Words of the Anzacs in the Middle East 1916–19***Terry Kinloch**

AU \$39.99 | NZ \$39.99 | 9781775592631 | 246 x 189 mm | Paperback | 408 pages



Telling the story of the mounted riflemen in Sinai and Palestine, *Devil's on Horses* uses the soldiers' original letters and diaries to describe the crucial battles against the Ottoman Turkish Forces.

**Echoes of Gallipoli***In the Words of New Zealand's Mounted Riflemen***Terry Kinloch**

AU \$39.99 | NZ \$39.99 | 9781775592624 | 246 x 189 mm | Paperback | 320 pages



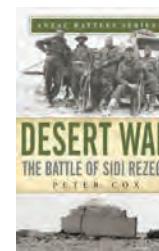
Echoes of Gallipoli is the story of the New Zealand Mounted Rifles Brigade, who emerged from Gallipoli battered and depleted, but with reputations enhanced.

Desert War*The Battle of Sidi Rezegh***Peter Cox**

AU \$34.99 | NZ \$34.99 | 9781921966705 | 234 x 151 mm | Paperback | 240 pages



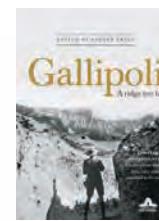
The full story of the WWII battle of Sidi Rezegh in Libya in 1941, in which the New Zealand Division played a major role.

**Gallipoli***A Ridge Too Far***Ashley Ekins (ed)**

AU \$44.99 | NZ \$44.99 | 9781921966934 | 242 x 184 mm | Paperback | 336 pages



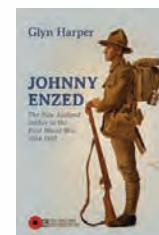
This book is unique in presenting a range of views by distinguished historians from every country involved in the conflict in Gallipoli.

**Johnny Enzed***The New Zealand Soldier in the First World War 1914–1918***Glyn Harper**

AU \$55.00 | NZ \$55.00 | 9781775592020 | 240 x 160 mm | Hardcover | 720 pages



The extraordinary and authoritative account of New Zealand soldiers' experiences, using their memoirs, diaries and letters.

**No Better Death***The Great War Diaries and Letters of William G. Malone***John Crawford (ed)**

AU \$49.99 | NZ \$49.99 | 9781775591283 | 242 x 184 mm | Hardcover | 376 pages



The story of William Malone, including his heroic exploits at Gallipoli, is told through his moving diaries and letters.

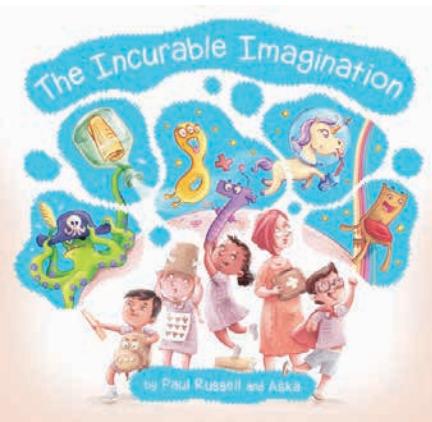
**One Woman's War and Peace***A Nurse's Journey in The Royal Australian Air Force***Wing Commander Sharon Bown (Retd.)**

AU \$29.99 | NZ \$29.99 | 9781925335316 | 229 x 152 mm | Paperback | 248 pages



The inspirational, confronting but ultimately uplifting story of one nurse's distinguished 16-year career with the RAAF.





The Incurable Imagination

PAUL RUSSELL & AŠKA

THEMES: EDUCATION AND IMAGINATION

AU \$24.99 | NZ \$24.99 | 9781925335972 | Hardcover |
245 x 255 mm | 32 pages | Colour | April 2019



Audrey has the worst case of imagination her teachers have ever seen! While other children paint their families, Audrey paints an ogre who drinks tea. She writes a song about a desk with legs that runs away.

What's worse, her condition is contagious and soon the other kids in her class start showing symptoms of an incurable imagination! Before long, parents begin to protest. But perhaps imagination isn't such a bad disease after all? It might even be useful if it makes learning more fun.

Encourages children to be themselves and value their imagination and creative ideas.



ABOUT THE AUTHOR AND ILLUSTRATOR

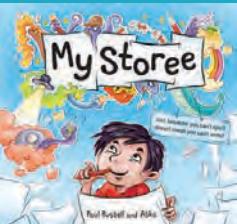
Paul Russell is a primary teacher, playwright and children's author who never wants to grow up. He is passionate about fostering imagination in children's learning.

Aška is an award-winning illustrator, artist and scientist. She loves to create energetic characters with a curious streak.

ALSO BY THIS AUTHOR

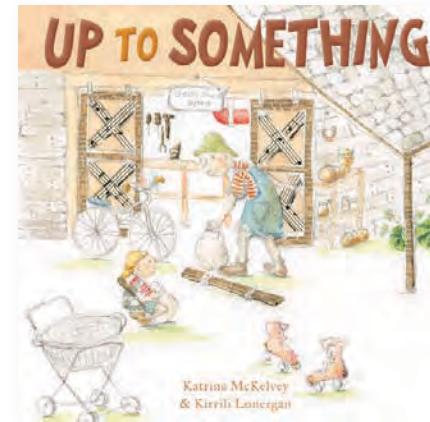
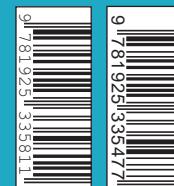
My Storee

PAUL RUSSELL & AŠKA



Grandma Forgets

PAUL RUSSELL & NICKY JOHNSTON



Up to Something

KATRINA MCKELVEY &
KIRRILI LONERGAN

THEMES: RECYCLING, IMAGINATIVE PLAY AND THE FATHER-SON RELATIONSHIP

AU \$24.99 | NZ \$24.99 | 9781925335705 | Hardcover |
245 x 255 mm | 32 pages | Colour | May 2019



One day, Dad invites Billy into his shed to build something, but

Billy soon finds out that he is only allowed to watch. As Dad becomes engrossed in his project,

Billy takes Dad's off-cuts and other items from around the yard and starts to copy what his dad is building. When they reveal their creations, Dad discovers that Billy has more talents than his dad had ever imagined! *Up to Something* explores the father-son relationship, and the satisfaction to be gained from making things ourselves.



A fun-filled story of a father and son working together on a shared project.

ABOUT THE AUTHOR AND ILLUSTRATOR

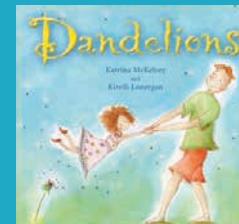
Katrina McKelvey is a children's author with over ten years' primary school teaching experience. She regularly participates in literary conferences and festivals.

Kirrili Lonergan is a children's book illustrator passionate about illustrating picture books that have a healing message.

ALSO BY THIS AUTHOR & ILLUSTRATOR

Dandelions

KATRINA MCKELVEY & KIRRILI LONERGAN



"A must-read bedtime book for a father and daughter"
- The Daily Telegraph



AU \$14.99 | NZ \$14.99 | 9781925335569 | Paperback | 245 x 255 mm |
32 pages | Colour

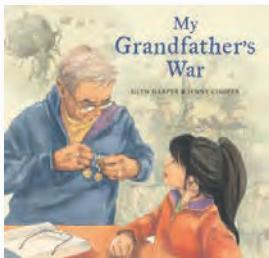


Books with Heart on Issues that Matter



Books with Heart on Issues that Matter

CHILDREN'S PICTURE BOOKS



My Grandfather's War

GLYN HARPER & JENNY COOPER

THEMES: VIETNAM WAR, PTSD AND FAMILY RELATIONSHIPS

AU \$24.99 | NZ \$24.99 | 9781775592990 | Hardcover | 245 x 255 mm | 32 pages | Colour



9 781775 592990

A poignant story about a Vietnam veteran and his granddaughter, as she discovers how war affects all those who serve.



The Tale of the Anzac Tortoise

SHONA RIDDELL & MATT GAULDIE

THEMES: FAMILY AND THE LEGACY OF WAR

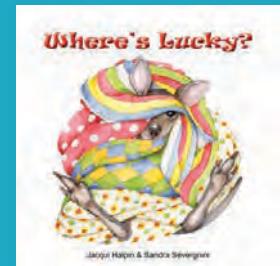
AU \$19.99 | NZ \$19.99 | 9780473318949 | Paperback | 175 x 256 mm | 36 pages | Colour | TORTOISE SHELL PRESS

An epic story of soldiers, nurses, sacrifice and kindness, as two kids are transported back in time to WWI Gallipoli.



9 780473 318949

LITTLE PINK DOG BOOKS



Where's Lucky?

JACQUI HALPIN & SANDRA SEVERGNINI

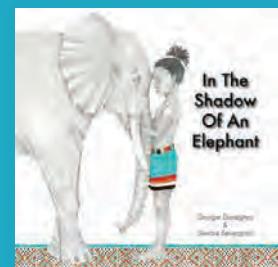
AU \$24.95 | NZ \$24.95 | 9780648256335 | Hardcover | 238 x 238 mm | 32 pages | Colour | LITTLE PINK DOG BOOKS | April 2019



9 780648 256335



Lucky, the mischievous swamp wallaby, loves exploring his foster home. But is he ready to live in the wild Australian bush?



In the Shadow of an Elephant

GEORGIE DONAGHEY & SANDRA SEVERGNINI

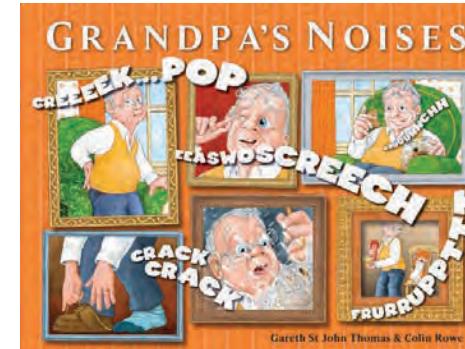
AU \$24.95 | NZ \$24.95 | 9780648256311 | Hardcover | 238 x 238 mm | 32 pages | Colour | LITTLE PINK DOG BOOKS | April 2019



9 780648 256311

Jabari's friend is Lualani, the elephant. When Lualani dies, Jabari's loss is eased by the memory of their shadows dancing.

CHILDREN'S PICTURE BOOKS



Grandpa's Noises

GARETH ST JOHN THOMAS & COLIN ROWE

THEMES: FAMILY AND HUMOUR

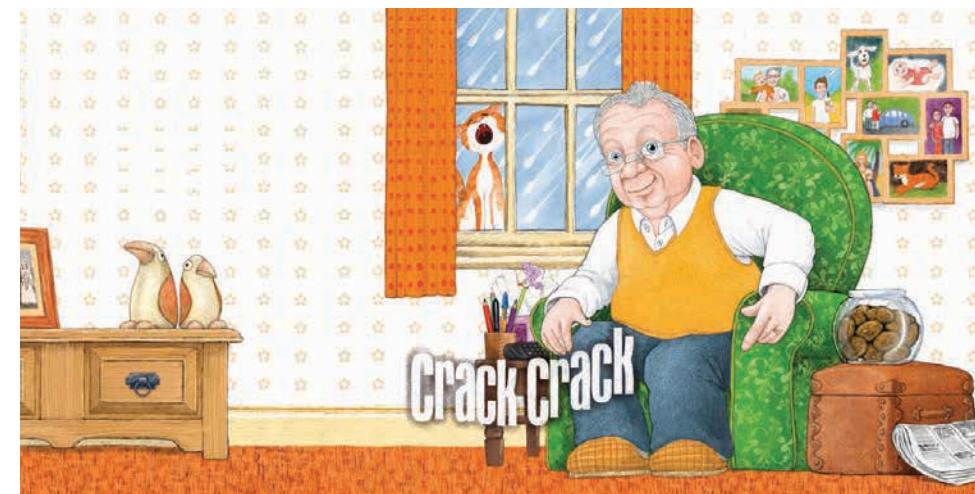
AU \$24.99 | NZ \$24.99 | 9781925335989 | Hardcover | 215 x 288 mm | 32 pages | Colour | June 2019



Children love laughing about body noises. In *Grandpa's Noises*, a range of sounds and words

coming from body and mouth are explained in a warm and funny intergenerational romp. 'Eynolessgofurawark' is obviously Grandpa-speak for 'I know, let's go for a walk.' 'Aaaahhh' means the cup of tea is just perfect, and 'Pissphusshawertt' is that sinking sound Grandpa makes when he needs a rest. Of course some sounds – like the 'Fffffft' that sometimes escapes Grandpa's bottom – need no explanation!

Children, parents and grandparents will all enjoy this warm-hearted romp.



ABOUT THE AUTHOR AND ILLUSTRATOR

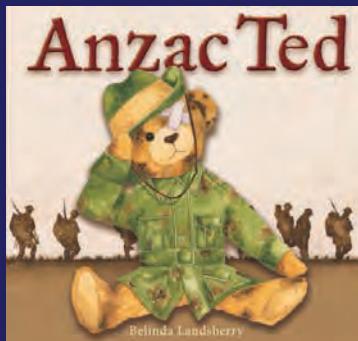
Gareth St John Thomas is the founder of Exisle Publishing and EK Books and has spent his life immersed in the world of books and publishing.

Colin Rowe is a graphic designer and illustrator with his own company, Corvus Design Services.



Books with Heart on Issues that Matter

BESTSELLER



Anzac Ted

BELINDA LANDSBERRY

THEMES: FAMILY AND THE LEGACY OF WAR

AU \$24.99 | NZ \$24.99 | 9781921966569 | Hardcover |

245 x 255 mm | 32 pages | Colour

AU \$14.99 | NZ \$14.99 | 9781925335187 | Paperback |

245 x 255 mm | 32 pages | Colour



9 781921 966569



9 7819251335187

A must-have modern classic for ANZAC Day

The poignant story of a little boy's teddy bear that was passed down to him from his grandfather. He might look scary now but he's got a great story to tell, for Anzac Ted went to war. Watercolour illustrations combine with rhyming text to create a picture book that will touch the hearts of children and adults alike.



Books with Heart on Issues that Matter



Independent Publisher

Chief Executive

Gareth St John Thomas

gareth@exislepublishing.com

Orders and Invoicing

c/o Harper Entertainment

Distribution Services

orders@harpercollins.com.au

or Fax AU: 1800645547

Fax NZ: 0800452633

Note All titles, specifications and prices
are subject to change

Sales enquiries Australia

Phone +61 2 4998 3327

sales@exislepublishing.com

Sales

Siobhan Dillon, siobhan@exislepublishing.com

Your Australian local Exisle sales representative

NSW Amber Gilchrist 0414 503 801

amber.gilchrist@exislepublishing.com

NSW REGIONAL AND ACT Margaret Alston 0438 752 506

QUEENSLAND Keith Smyth 0432 482 005

SOUTH AUSTRALIA & NORTHERN TERRITORY Siobhan Dillon

02 4998 3327

TASMANIA Gary Angliss 0419 363 969

WEST AUSTRALIA Christine Jackson 08 9295 5552 | 0409 912 677

VICTORIA Victorian Book Agencies Joel Fulton 0417 411 466 and

Gary Angliss 0419 363 969

Sales enquiries New Zealand

Phone +64 3 477 1615

nzsales@exisle.co.nz

www.exislepublishing.com